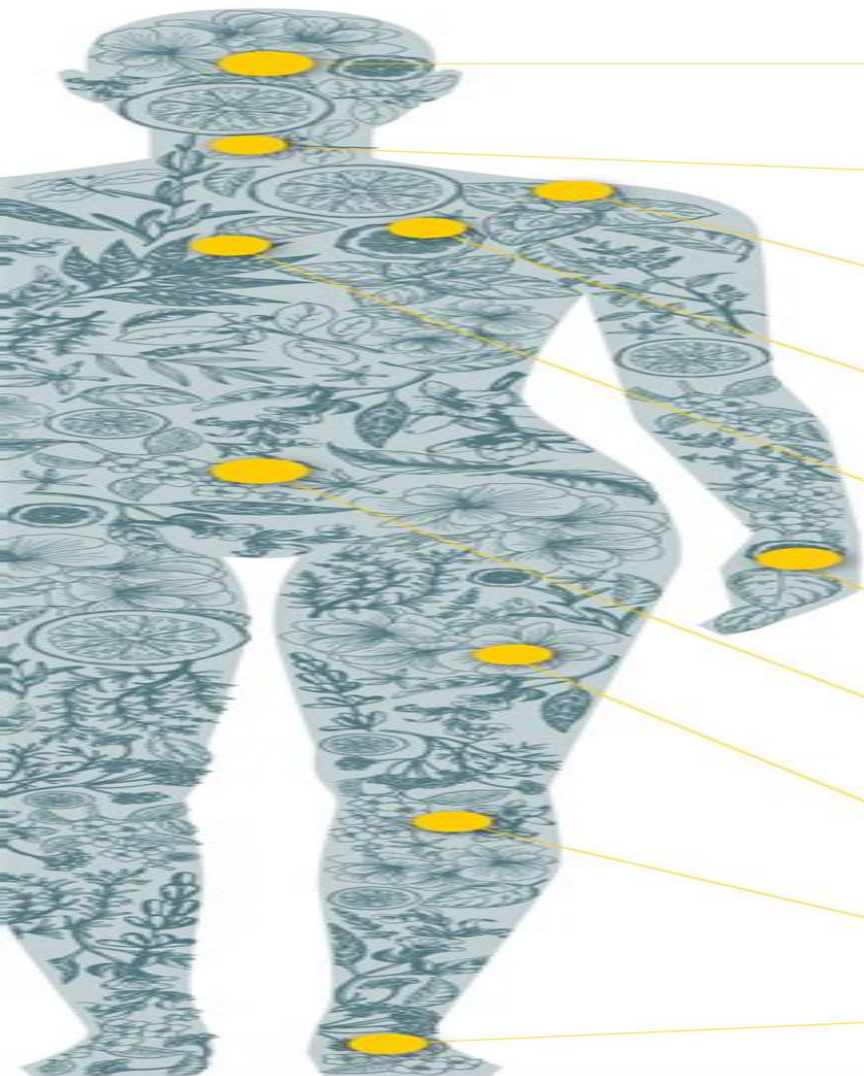


WHERE TO APPLY ESSENTIAL OILS ON YOUR BODY



HEAD

PEPPERMINT
M-GRAIN[™]
TRANQUIL[™] ROLL-ON

Apply Tranquil to the forehead and temples to soothe and relax.

NECK

DEEP RELIEF[™] ROLL-ON
JOY[™]
STRESS AWAY[™]

Rub Deep Relief onto the back of the neck for a soothing and cooling sensation.

SHOULDERS

PEPPERMINT
PANAWAY[™]
WINTERGREEN

Massage Peppermint on the neck and shoulders for a cooling experience.

HEART

RELEASE[™]
FRANKINCENSE
BERGAMOT

Apply Frankincense over the heart during prayer or meditation to promote feelings of tranquility.

CHEST

EUCALYPTUS RADIATA
BREATHE AGAIN[™] ROLL-ON
R.C.[™]

Apply Breathe Again to the chest and inhale for a refreshing respiratory experience.

WRISTS

LAVENDER
STRESS AWAY[™] ROLL-ON
JASMINE

Apply Lavender to the wrists for its calming properties.

ABDOMEN

DIGIZE[™]
FENNEL
DRAGON TIME[™]

Apply Dragon Time to the abdomen for a gentle, relaxing massage.

LEGS

MELALEUCA
GERANIUM
GERMAN CHAMOMILE

Apply Geranium to legs to maintain healthy-looking skin.

KNEES

COPAIBA
COOL AZUL[™]
PANAWAY[™]

Massage Copaiba into muscles after exercise.

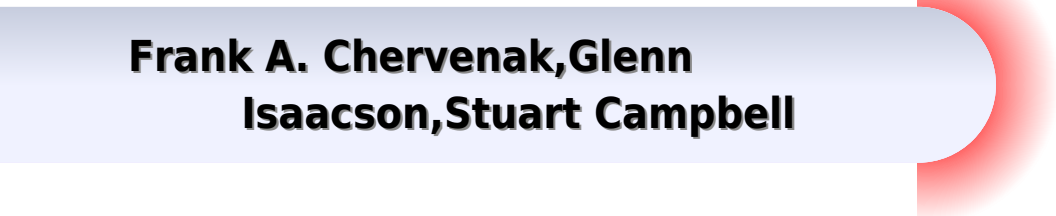
FEET

LAVENDER
CEDARWOOD
TEA TREE

Rub Cedarwood into the bottoms of feet as part of a nighttime routine.

How Can I Apply On Bpdlp

**Frank A. Chervenak, Glenn
Isaacson, Stuart Campbell**



How Can I Apply On Bpdip:

This book delves into How Can I Apply On Bpdlp. How Can I Apply On Bpdlp is a vital topic that must be grasped by everyone, ranging from students and scholars to the general public. The book will furnish comprehensive and in-depth insights into How Can I Apply On Bpdlp, encompassing both the fundamentals and more intricate discussions.

1. This book is structured into several chapters, namely:
 - Chapter 1: Introduction to How Can I Apply On Bpdlp
 - Chapter 2: Essential Elements of How Can I Apply On Bpdlp
 - Chapter 3: How Can I Apply On Bpdlp in Everyday Life
 - Chapter 4: How Can I Apply On Bpdlp in Specific Contexts
 - Chapter 5: Conclusion
2. In chapter 1, this book will provide an overview of How Can I Apply On Bpdlp. This chapter will explore what How Can I Apply On Bpdlp is, why How Can I Apply On Bpdlp is vital, and how to effectively learn about How Can I Apply On Bpdlp.
3. In chapter 2, this book will delve into the foundational concepts of How Can I Apply On Bpdlp. This chapter will elucidate the essential principles that need to be understood to grasp How Can I Apply On Bpdlp in its entirety.
4. In chapter 3, this book will examine the practical applications of How Can I Apply On Bpdlp in daily life. This chapter will showcase real-world examples of how How Can I Apply On Bpdlp can be effectively utilized in everyday scenarios.
5. In chapter 4, this book will scrutinize the relevance of How Can I Apply On Bpdlp in specific contexts. This chapter will explore how How Can I Apply On Bpdlp is applied in specialized fields, such as education, business, and technology.
6. In chapter 5, the author will draw a conclusion about How Can I Apply On Bpdlp. This chapter will summarize the key points that have been discussed throughout the book.

The book is crafted in an easy-to-understand language and is complemented by engaging illustrations. It is highly recommended for anyone seeking to gain a comprehensive understanding of How Can I Apply On Bpdlp.

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How Can I Apply On Bpdlp Introduction

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