INSTRUCCIONES PARA EL DIAGNOSTICO Y TRATAMIENTO DEL CLIMATERIO Y MENOPAUSIA | IDENTIFICACIÓN: GSM UNC 043 GIO 010-| REVISIÓN: 01 | FECHA: 14 DE MARZO 97 | HOJA 1 DE 5 | 5/06/00

1.- OBJETIVO:

UNIFICACIÓN DE CRITERIOS EN EL DIAGNÓSTICO Y TRATAMIENTO DEL CLIMATERIO Y MENOPAUSIA EN PETRÓLEOS MEXICANOS.

II.- NOMBRE DEL PROCEDIMIENTO:

INSTRUCCIONES PARA EL DIAGNOSTICO Y TRATAMIENTO DEL CLIMATERIO Y MENOPAUSIA.

III.- ALCANCE:

ESTE PROCEDIMIENTO ES DE APLICACIÓN PARA TODOS LOS CONSULTORIOS, CLINICAS Y HOSPITALES DE PETRÓLEOS MEXICANOS.

IV.- DESCRIPCION DEL PROCEDIMIENTO

ACTIVIDAD I

DEFINICION:

ES EL PERIODO EN LA VIDA DE LA MUJER CUANDO DISMINUYE PAULATINAMENTE LA FUNCION OVARICA Y GENERALMENTE COMPRENDE ENTRE LOS 35 Y 60 AÑOS DE EDAD CARACTERIZADO POR UNA DISMINUCION EN SU FECUNDIDAD QUE LLEVA A LA DESAPARICION DE LAS MENSTRUACIONES (MENOPAUSIA), ADEMAS DE ALGUNAS MANIFESTACIONES DE ATROFIA TISULAR. ES PROBABLE QUE UN FACTOR EN ESTE CUADRO EVOLUTIVO SEA LA MENOR PRODUCCION DE ESTROGENOS Y SU DESCENSO PROGRESIVO CONDUCE A LA PERDIDA SUCESIVA DE MUCHAS DE LAS FUNCIONES DEPENDIENTES DE ELLOS.

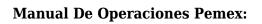
SIGNOS Y SINTOMAS:

LA DEFICIENCIA DE ESTRADIOL ORIGINA ALTERACIONES EN EL SISTEMA NERVIOSO, ENDOMETRIO, VAGINA, MAMAS, PIEL. MASA OSEA, METABOLISMO DE LIPIDOS Y TRASTORNOS CARDIOVASCULARES.

A) SINTOMAS VASOMOTORES: SE CARACTERIZAN POR AUMENTO LOCAL DE LA TEMPERATURA, VASODILATACION PERIFERICA Y

Manual De Operaciones Pemex

G Thomas



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