

Health Science 1-Final Exam Study Guide

A. Safety

1. What 3 things are needed to start and sustain a fire? **fuel, heat, oxygen**
2. Describe ergonomics. **it promotes safety and attempts to prevent injury**
3. What 4 things do microorganisms need to grow and reproduce? **Water, oxygen, a warm environment, darkness**
4. Name and describe the 6 chains in the chain of infection.
Infectious agent-First stage; pathogen
Reservoir host-Second stage; place or host where the pathogen lives/resides
Portal of the exit-Third stage; route of escape of the pathogen from the reservoir
Route of the transmission-Fourth stage; Method by which pathogen gets from the reservoir to the new host by touching the air
Portal of the entry-Fifth stage; route through which the pathogen enters its new host. It could inhale it, ingest it, or have sexual contact

Susceptible host- Sixth stage; Organism that accepts pathogen; back to the beginning

5. What are examples of personal protective equipment? **gloves, mask, goggles**
6. What is the major cause of fires? **carelessness with smoking and matches**
7. When should you wash your hands in healthcare? **Before and after a procedure and if they contaminate and after removing gloves**
8. If a person contracts a pathogen that is transmitted through air, soil, food, or feces is called: **Indirect contact**
9. What are some examples of ways to break the chain of infection? **handwashing, vaccination, wearing a mask**
10. An infection originating inside the body is called a/an: **nosocomial**
11. An infection originating in a healthcare setting is called a/an: **endogenous**
12. What are the routes of exposure to microorganisms? **direct contact, fomites, aerosol airborne, oral ingestion, and vectorborne**

B. History and Systems

13. Geriatric care will experience a rapid **increase**(increase or decrease) in the future.
14. Is outpatient care more or less expensive than in-patient care? **Less because inpatient goes up every day that you there**
15. Early intervention and preventative services are **More**(more or less) cost-effective than treating the illness after it has occurred.
16. **Hippocrates** developed an organized method to observe the body and record signs and symptoms of diseases.
17. **Michelangelo** and **Leonardo da Vinci** used dissection in order to draw the human body more realistically.
18. Public health and sanitation systems were first developed by the **ancient Romans**.
19. Vaccination for smallpox was developed in 1796 by **Edward Jenner**.
20. Disinfectants and antiseptics were first used to prevent infection during surgery by **D. Joseph Lister**.
21. What disease was cured by introducing citrus fruits or vitamin C? **scurvy**

Health Exam Study Guide

Elliot Spencer



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Table of Contents Health Exam Study Guide

1. Understanding the eBook Health Exam Study Guide
 - The Rise of Digital Reading Health Exam Study Guide
 - Advantages of eBooks Over Traditional Books
2. Identifying Health Exam Study Guide
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Health Exam Study Guide
 - User-Friendly Interface
4. Exploring eBook Recommendations from Health Exam Study Guide
 - Personalized Recommendations
 - Health Exam Study Guide User Reviews and Ratings
 - Health Exam Study Guide and Bestseller Lists
5. Accessing Health Exam Study Guide Free and Paid eBooks
 - Health Exam Study Guide Public Domain eBooks
 - Health Exam Study Guide eBook Subscription Services
 - Health Exam Study Guide Budget-Friendly Options
6. Navigating Health Exam Study Guide eBook Formats

- ePub, PDF, MOBI, and More
- Health Exam Study Guide Compatibility with Devices
- Health Exam Study Guide Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Health Exam Study Guide
 - Highlighting and Note-Taking Health Exam Study Guide
 - Interactive Elements Health Exam Study Guide
- 8. Staying Engaged with Health Exam Study Guide
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Health Exam Study Guide
- 9. Balancing eBooks and Physical Books Health Exam Study Guide
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Health Exam Study Guide
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Health Exam Study Guide
 - Setting Reading Goals Health Exam Study Guide
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Health Exam Study Guide
 - Fact-Checking eBook Content of Health Exam Study Guide
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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