

Top health care trends

And how they will impact U.S. employers and the workforce

1 An evolution in care delivery and navigation

Improvements in the efficiency of the care delivery system and new care delivery models have the potential to mitigate the effects of the physician shortages facing many communities.



In-person



At home



Remote monitoring

2 Population health and health equity

Social determinants of health have a more significant collective impact on health and health outcomes than clinical care.

40%
Social & economic

30%
Health behaviors

20%
Clinical care

10%
Physical environment

3 A focus on access, experience, and outcomes to improve behavioral health care

Early identification, along with personalized care pathways with patient-to-provider matching, can result in improved outcomes.

More than 1 in 5 Americans have been diagnosed with a behavioral condition.

22%

50%

Half of those patients don't get treatment.

41%

Patients with a diagnosed behavioral condition account for 41% of health care spend.

4 Plan and benefits design

Voluntary benefits, such as supplemental health plans, can help offset patient costs and alleviate the financial stress and anxiety of a serious injury or critical illness.

HR professionals say voluntary benefits:

83%

Retain employees

72%

Attract talent

Employees say voluntary benefits:

76%

Influenced them to accept and keep jobs



5 Health care's human-tech synthesis

Digital tools offer opportunities to improve the health care experience, lower the costs of care, and drive greater access to care.



Digital health coaching



Remote patient monitoring



Telehealth

Today, 90% of U.S. adults use at least one digital health tool.

6 Curbing increasing pharmacy costs

GLP-1s, specialty medications, gene therapies, and biosimilars should be top of mind.

Prescription drugmakers increased the list prices of more than

4,200

prescription products during 2022



Average increase of
15.2%

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