

ICU REFERENCE SHEET

11 PAGES TOTAL

ABG Reference

	pH	PO2	PCO2	Oxygenated
Normal	7.35-7.45	80-100	35-45	
Acidosis	↓	↑	↑	Resp. or Met.
Alkalosis	↑	↓	↓	Resp. or Met.
Respiratory	↓	↓	↑	Respiratory
Metabolic	↑	↑	↓	Metabolic

Glasgow Coma Scale (GCS)

Eye Opening Verbal Response Motor Response

ICU REFERENCE SHEET

Abnormal Rhythms

Rhythm	Characteristics	Treatment	Causes
Sinus Tachycardia			
Sinus Bradycardia			
SVT			
Afib			
Atrial Flutter			
First Degree Heart Block			

Pressors

Pressor	Effect	Indication	Contraindications
Levophed	Vasopressor, Inotropic	Septic Shock, Shock	first choice
Vasopressin	Vasopressor	Used with Levophed	normally not tolerable
Epiadrenalin	Vasopressor, Inotropic, Chronotropic	Used with sudden arrest	not selective for a and b receptors
Phenylephrine	Vasopressor	often used as a IV push	may cause bradycardia
Dobutamine	Inotropic, mild vasodilator	cardiogenic shock	minimal change in heart rate
Dopamine	Vasopressor/Inotropic, Chronotropic	Hypotension	can cause tachycardia



Inotropic	Chronotropic	Dronotropic
Stim of contractions	Affects heart rate	Affects conduction

Alpha 1	Vasopressor
Alpha 2	Dec. sympathetic outflow
Beta 1	↑ HR, contractility
Beta 2	Relax smooth muscle, Relax bronchi



Normal Lab Values

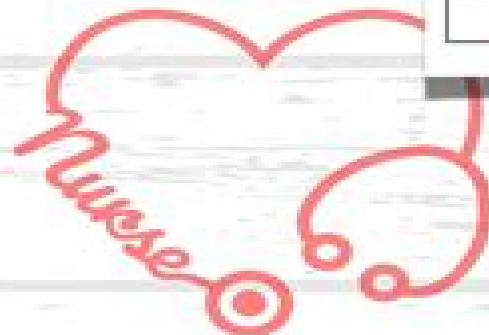
Na	135-145	Cl	97-107	BUN	8-20	Cr	0.6-1.2
K	3.5-5.0	CO2	23-29	Ca	9.0-10.2		

WBC	4.5-11	High	12.0-17.0	Low	3.0-4.0
		PLT	150-400		

PT	11-13	PTT	25-35	INR	0.8-1.2
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Urea Nitrogen (BUN)	8-20
Creatinine (Cr)	0.6-1.2
Glucose	70-100
Alkaline Phosphatase (ALP)	40-120
Aspartate Aminotransferase (AST)	10-40
Alanine Aminotransferase (ALT)	10-40
Lactate Dehydrogenase (LDH)	100-250
Prothrombin Time (PT)	11-13
Partial Thromboplastin Time (PTT)	25-35
International Normalized Ratio (INR)	0.8-1.2



Icu Meds Study Guide

Franklin Remly



Icu Meds Study Guide:

Critical Care Study Guide Gerard J. Criner, Gilbert E. D'Alonzo, 2013-03-09 Critical care medicine is a dynamic and exciting arena where complex pathophysiologic states requiring extensive knowledge and clinical acumen are commonly found Caring for critically ill patients requires an extensive knowledge of basic pathophysiology as well as awareness of the appropriate diagnostic tests and therapeutic interventions Because this knowledge base crosses many different disciplines introduction to caring for the intensive care patient while exciting may also be intimidating This textbook is designed toward making the dynamic environment of the critical care unit understandable and the approach to the patient both logical and successful The book contains three components 1 description of the procedural tasks commonly performed for the critically ill patient 2 explanation of the most common pathophysiologic states encountered and 3 description of specific disease entities with details of their differential diagnosis diagnostic strategy and therapeutic plan This book also uses several educational approaches that we have found useful in our own teaching sessions and prior textbooks Clinical cases introduce chapters and highlight chapter segments to emphasize clinical relevancy As an additional study aid margin notes highlight important teaching points and facilitate easy review of chapter content To consolidate the principles outlined in each chapter review questions with full text explanations are provided at the end of each chapter All these elements help reinforce the most important messages for the reader Pharmacy-Critical Care Specialty Review and Study Guide Kyle Weant, 2015-09-25 Includes Multiple choice fact scenario and case based questions Correct answers and explanations to help you quickly master specialty content All questions have keywords linked to additional online references The mission of StatPearls Publishing is to help you evaluate and improve your knowledge base We do this by providing high quality peer reviewed educationally sound questions written by leading educators StatPearls Publishing **PCCN® Exam Prep Study Guide** Springer Publishing Company, 2023-03-15 PCCN Exam Prep Study Guide gets right to the point with a targeted content based on the latest AACN exam blueprint This easy to follow guide includes all the tools you need to prepare practice and pass the exam and nothing you don't PREPARE Concise coverage of the content you'll be tested on Quick reference features with complications alerts and nursing pearls Need to know information to prepare you for exam day PRACTICE Two full length practice tests one in book and one online to assess your readiness and simulate the test taking experience Detailed rationales for correct and incorrect answers Pop quizzes that highlight key information you don't want to miss PASS The first time with Springer Publishing Exam Prep's 100% Pass Guarantee With confidence knowing you're well prepared with all the skills and knowledge you need on exam day and in practice With pride in your commitment to patient health and safety PCCN is a registered trademark of the American Association of Critical Care Nurses AACN AACN does not endorse this resource nor does it have a proprietary relationship with Springer Publishing Company *Pediatric Critical Care Study Guide* Steven E. Lucking, Frank A. Maffei, Robert F. Tamburro, Neal J. Thomas, 2012-04-10 This is the first comprehensive study guide

covering all aspects of pediatric critical care medicine It fills a void that exists in learning resources currently available to pediatric critical care practitioners The major textbooks are excellent references but do not allow concise reading on specific topics and are not intended to act as both text and study guide There are also several handbooks available but these are usually written for general pediatric residents and lack the advanced physiology and pathophysiology required for the higher level pediatric critical care practitioner **Adult CCRN® Exam Prep Study Guide** Springer Publishing

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Yates,2025-04-07 Are you ready to elevate your career as a Critical Care Registered Nurse CCRN and demonstrate your expertise in the ICU Preparing for the CCRN exam can be a daunting task but with the right resources strategies and knowledge you can confidently tackle this challenging certification and advance your nursing career This comprehensive guide is designed to be the ultimate resource for nurses preparing for the Adult CCRN exam Whether you're a seasoned critical care nurse or looking to specialize in the ICU this book provides the essential information you need to pass the exam with confidence From detailed explanations of complex medical concepts to practical test taking strategies this guide covers everything you need to know Inside you'll find in depth coverage of all the critical systems you'll need to understand for the exam including the cardiovascular respiratory neurological renal gastrointestinal and hematological systems Each topic is broken down into manageable sections providing clear and concise explanations that enhance understanding and retention What sets this book apart is its practical approach You'll not only learn the theory but also how to apply it in real world critical care scenarios The included practice questions designed to mirror the actual CCRN exam format help you test your knowledge and get familiar with the type of questions you'll face With detailed answers and explanations for each question you'll be able to identify your strengths and areas for improvement ensuring you are fully prepared for exam day This book also emphasizes the importance of ethical decision making and patient advocacy in the critical care setting highlighting the vital role you play in delivering compassionate care The ethical considerations professional conduct and legal aspects

covered throughout the guide equip you with the skills to navigate challenging situations with confidence and integrity Whether you re taking the CCRN exam for the first time or retaking it this guide offers valuable insights and strategies to improve your chances of success With its clear informative content practical approach and expert advice this book is the perfect study companion for any nurse looking to achieve CCRN certification and advance their career in critical care nursing Prepare practice and pass with confidence your journey to becoming a Certified Critical Care Nurse starts here

Nurse-Critical Care (CCRN) Specialty Review and Study Guide Franklin Remly,2015-09-25 Includes Multiple choice fact scenario and case based questions Correct answers and explanations to help you quickly master specialty content All questions have keywords linked to additional online references The mission of StatPearls Publishing is to help you evaluate and improve your knowledge base We do this by providing high quality peer reviewed educationally sound questions written by leading educators StatPearls Publishing *Textbook of Post-ICU Medicine* Robert D. Stevens,Nicholas Hart,Margaret S. Herridge,2014 Surviving critical illness is not always the happy ending that we imagine for patients Intensive care unit ICU teams have traditionally focused on short term goals such as stabilizing or reversing organ system dysfunction with little understanding of what became of patients once they left the ICU However research conducted in recent years has demonstrated that many ICU survivors can suffer from ill health and mental health issues for months or years to follow The Textbook of Post ICU Medicine The Legacy of Critical Care identifies the long term outcomes of ICU and the steps that can be taken to improve patients health and wellbeing Describing the major clinical syndromes affecting ICU survivors the book delineates established or postulated biological mechanisms of the post acute recovery process and discusses strategies for treatment and rehabilitation to promote recovery in the ICU and in the long term Many ICU survivors suffer from a range of long lasting physical and psychological issues such as end stage renal disease congestive heart failure cognitive impairment neuromuscular weakness and depression or anxiety which affect their overall quality of life and ability to lead productive lives This book discusses the science of the recovery process and the innovative treatment regimens which are helping ICU survivors regain function as they heal following trauma or disease This lingering burden or legacy of critical illness is now recognized as a major public health issue with major efforts underway to understand how it can be prevented mitigated or treated The chapters are written by an interdisciplinary panel of leading clinicians and researchers working in the field The book serves as a unique reference for general practitioners internists and nurses caring for long term ICU survivors as well as specialists in intensive care medicine neurology psychiatry and rehabilitation medicine ER/ICU Meds Made Easy Callie Parker,2025-05-02 If you want to master emergency and critical care medications without endless hours of dry textbook reading then keep reading Are you tired of struggling to memorize countless ER and ICU medications their effects and nursing considerations Do you find yourself overwhelmed by the complexity of emergency and critical care pharmacology Are you searching for a more engaging way to learn and retain critical medication information Looking for a resource that makes

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The Intensive Care Unit Manual Paul N. Lanken, Scott Manaker, Benjamin A. Kohl, C. William Hanson, 2013-09-26

Intensive Care Unit Manual is a practical hands on how to manual that covers the full spectrum of conditions encountered in the ICU guiding you step by step from your initial approach to the patient through diagnosis and treatment Compact affordable and comprehensive the ICU Manual puts all the critical care information you need right at your fingertips Stay at the forefront of critical care with a practice oriented relevant and well illustrated account of the pathophysiology of critical disease presented in a highly readable format Gain valuable insight into the recognition evaluation and management of critical conditions such as respiratory hemodynamic and infectious diseases management of ICU patients with special clinical conditions cardiovascular hematologic and neurological disorders poisoning and overdoses trauma and burns and much more Grasp the latest developments in critical care with extensive updates and revisions to several key chapters as well as brand new chapters on Alcohol Withdrawal Syndromes Acute Heart Failure Syndromes Noninvasive Ventilation and more ICU conditions Understand and apply the most important ICU practices including management of acute respiratory failure mechanical ventilation invasive hemodynamic monitoring and the care of patients with special needs AIDS end stage renal disease or end stage liver disease Get convenient access to the full text and image library online at Expert Consult in addition to online only text figures and tables from the Alcohol Withdrawal Syndromes and Acute Heart Failure Syndromes chapters

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Online Study Prep Barron's Educational Series, Pat Juarez, 2022-09-06 Barron's Adult CCRN Exam provides all of the key concepts you need to pass the Adult CCRN exam with detailed review and full length practice tests to help you feel prepared Amazon.com

Multidisciplinary Critical Care Medicine - Getting Things Done Across Specialties Peter Korsten, Björn Tampe, 2023-03-24

Advanced Critical Care Nursing - E-Book Vicki S. Good, Peggy L. Kirkwood, 2017-01-22 Awarded third place in the 2017 AJN Book of the Year Awards in the Critical Care Emergency Nursing category Learn to effectively address life threatening and potentially life threatening patient conditions with Advanced Critical Care Nursing 2nd Edition Endorsed by the American Association of Critical Care Nurses AACN this comprehensive nursing focused text centers on the clinical reasoning process as it helps you comprehend analyse synthesize and apply advanced critical care knowledge and concepts The book is organized within the structure of body systems along with synthesis chapters that address patient conditions involving multiple body systems Numerous illustrations and graphs plus unfolding case studies further aid your understanding and help you apply text content In all Advanced Critical Care Nursing is the must have resource dedicated to helping you oversee or care for critical care patients in any practice setting Body systems organization emphasizes core systems and advanced concepts Consistent chapter format features numerous illustrations charts and graphs in each chapter to enhance understanding Synthesis chapters address patient conditions that involve multiple body systems a common occurrence in critical care nursing Unfolding case studies with decision point questions are included at the end of all disorders chapters providing opportunities to apply advanced critical care content to actual scenarios Medication tables incorporate common classifications of critical care drugs for specific disorders including drugs actions and special considerations NEW Updated information throughout reflects the latest evidence based content as well as national and international treatment guidelines NEW Streamlined content places a greater focus on the need to know information for today's high acuity progressive and critical care settings NEW Expanded coverage of emerging and infectious diseases and multidrug resistant infections keep readers up to date with the most topical diseases such as the Zika virus NEW Additional content on alternative settings for critical care now includes the eICU and remote monitoring NEW Full color design clarifies important concepts and improve the book's usability

Critical Care Nursing Leanne Aitken, Andrea Marshall, Wendy Chaboyer, 2019-06-22 Endorsed by the Australian College of Critical Care Nurses ACCCN ACCCN is the peak professional organisation representing critical care nurses in Australia Written by leading critical care nursing clinicians Leanne Aitken Andrea Marshall and Wendy Chaboyer the 4th edition of Critical Care Nursing continues to encourage and challenge critical care nurses and students to develop world class practice and ensure the delivery of the highest quality care The text addresses all aspects of critical care nursing and is divided into three sections scope of practice core components and specialty practice providing the most recent research data procedures and guidelines from expert local and international critical care nursing academics and clinicians Alongside its strong focus on critical care nursing practice

within Australia and New Zealand the 4th edition brings a stronger emphasis on international practice and expertise to ensure students and clinicians have access to the most contemporary practice insights from around the world Increased emphasis on practice tips to help nurses care for patients within critical care Updated case studies research vignettes and learning activities to support further learning Highlights the role of the critical care nurse within a multidisciplinary environment and how they work together Increased global considerations relevant to international context of critical care nursing alongside its key focus within the ANZ context Aligned to update NMBA RN Standards for Practice and NSQHS Standards Nurse Anesthetist Specialty Review and Study Guide Hale Selvy,2015-09-25 Includes Multiple choice fact scenario and case based questions Correct answers and explanations to help you quickly master specialty content All questions have keywords linked to additional online references The mission of StatPearls Publishing is to help you evaluate and improve your knowledge base We do this by providing high quality peer reviewed educationally sound questions written by leading educators StatPearls Publishing **Kryger's Principles and Practice of Sleep Medicine - E-Book** Meir H. Kryger,Thomas Roth,Cathy A Goldstein,2021-12-16 Offering today s most authoritative comprehensive coverage of sleep disorders Kryger s Principles and Practice of Sleep Medicine 7th Edition is a must have resource for sleep medicine specialists fellows trainees and technicians as well as pulmonologists neurologists and other clinicians who see patients with sleep related issues It provides a solid understanding of underlying basic science as well as complete coverage of emerging advances in management and treatment for a widely diverse patient population Evidence based content hundreds of full color illustrations and a wealth of additional resources online help you make well informed clinical decisions and offer your patients the best possible care Contains new chapters on sleep in intersex and transgender individuals sleep telemedicine and remote PAP adherence monitoring and sleep and the menstrual cycle as well as increased coverage of treatment and management of pediatric patients Includes expanded sections on pharmacology sleep in individuals with other medical disorders and methodology Discusses updated treatments for sleep apnea and advancements in CPAP therapy Offers access to 95 video clips online including expert interviews and sleep study footage of various sleep disorders Meets the needs of practicing clinicians as well as those preparing for the sleep medicine fellowship examination or recertification exams with more than 950 self assessment questions answers and rationales online Enhanced eBook version included with purchase Your enhanced eBook allows you to access all of the text figures and references from the book on a variety of devices

Medication Safety during Anesthesia and the Perioperative Period Alan Merry,Joyce Wahr,2021-04-07 With medication errors in healthcare an internationally recognised problem this much needed book delivers a comprehensive approach to understanding medication safety in the perioperative period It reviews what medication adverse events are and how often and where these errors occur as well as exploring human cognitive psychology and explaining why things can go wrong at any time in a complex system Detailed discussions around mistakes judgement errors slips and lapses and violations

are presented alongside real life examples of the indistinct line between negligence and inevitable error The co authors bring a wide and practical perspective to the theories and interventions that are available to improve medication safety including legal and regulatory actions that further or impede safety Essential reading for anesthesiologists nurses pharmacists and other perioperative team members committed to improving medication safety for their patients and also an invaluable resource for those who fund manage and regulate healthcare *The Washington Manual Infectious Diseases Subspecialty Consult* Richard Starlin,2005 Prepared by residents and fellows this consult manual covers the full spectrum of infectious disease problems It offers clinicians valuable assistance in determining what infections the patient is at risk for where and how s he acquired the infection how to evaluate and manage the patient and what complications to expect Chapters on infections of each organ system begin with an approach to that organ system Other topics covered include bioterrorism sexually transmitted diseases brucellosis systemic mycoses immunizations and antimicrobials

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Table of Contents Icu Meds Study Guide

1. Understanding the eBook Icu Meds Study Guide
 - The Rise of Digital Reading Icu Meds Study Guide
 - Advantages of eBooks Over Traditional Books
2. Identifying Icu Meds Study Guide
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Icu Meds Study Guide
 - User-Friendly Interface
4. Exploring eBook Recommendations from Icu Meds Study Guide

- Personalized Recommendations
- Icu Meds Study Guide User Reviews and Ratings
- Icu Meds Study Guide and Bestseller Lists
- 5. Accessing Icu Meds Study Guide Free and Paid eBooks
 - Icu Meds Study Guide Public Domain eBooks
 - Icu Meds Study Guide eBook Subscription Services
 - Icu Meds Study Guide Budget-Friendly Options
- 6. Navigating Icu Meds Study Guide eBook Formats
 - ePub, PDF, MOBI, and More
 - Icu Meds Study Guide Compatibility with Devices
 - Icu Meds Study Guide Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Icu Meds Study Guide
 - Highlighting and Note-Taking Icu Meds Study Guide
 - Interactive Elements Icu Meds Study Guide
- 8. Staying Engaged with Icu Meds Study Guide
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Icu Meds Study Guide
- 9. Balancing eBooks and Physical Books Icu Meds Study Guide
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Icu Meds Study Guide
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Icu Meds Study Guide
 - Setting Reading Goals Icu Meds Study Guide
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Icu Meds Study Guide

- Fact-Checking eBook Content of Icu Meds Study Guide
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning
- Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
14. Embracing eBook Trends
- Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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