



Lose and Win

Facilitator Guide



Lose And Win Facilitator Guide

Susan Ives



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Amazing Moms! Motherhood Curriculum, Facilitator's Guide Sophia Murphy, Dan Griffin, Harrison Crawford, 2025-09-22 A transformative 19 session workshop that helps moms build the skills and self confidence to become the best mothers they can be Trauma is widely prevalent among parents and it can affect mothers ability to form healthy relationships with their children Amazing Moms is the first thoroughly trauma informed curriculum designed specifically to help mothers unpack their personal histories and learn techniques for becoming better parents Covering an unusually broad list of topics from emotional regulation and discipline to families of origin and societal expectations of mothers the sessions create opportunities for interactive learning and personal growth Amazing Moms accommodates all learning styles and includes activities to help create a trusting atmosphere where participants feel safe opening up and engaging with the material The curriculum also features Small group activities grounding exercises and participant led lessons Activities that incorporate art physical movement roleplays and between session exercises Practical skills and tools mothers can use with and teach to their children Enhanced communication skills for healthy conflict resolution A candid discussion of sex sexuality and intimacy and how to begin having healthy dialogue about these topics with children Strategies for finding balance and prioritizing self care Exploration of the changing roles and expectations of women and mothers woven throughout the sessions Based on current scientific evidence and developed by leading researchers and practitioners in the field Amazing Moms offers a unique perspective on motherhood connecting participants with themselves so they can better connect with their children Amazing Moms is both inspired by and a companion to the Amazing Dads Curriculum **Facilitator's Guide to Participatory**

Decision-Making Sam Kaner, 2011-03-10 The best book on collaboration ever written Diane Flannery founding CEO Juma Ventures And now this classic book is even better much better Completely revised and updated the second edition is loaded with new tools and techniques Two powerful new chapters on agenda design A full section devoted to reaching closure More than twice as many tools for handling difficult dynamics 70 brand new pages and over 100 pages significantly improved

Journey to Freedom Facilitator's Guide Scott Reall, Ymca, 2006-01-08 Obtaining lasting change in our lives occurs only when we have community accountability and support to help us fulfill our unique purpose in life The Journey to Freedom series is designed to guide you as you lead your small group through the life transforming Journey to Freedom Manuals Through this dynamic six week course group members will take the steps needed for permanent effective change and will learn That lasting change is possible The tools needed for an enduring commitment to a new lifestyle How to defeat obstacles and stay on course As you lead group members through this inspiring practical and hope filled series you ll experience the true rewards of helping people grow in spirit mind and body and hopefully find yourself farther down the road to your own personal fulfillment **A Facilitator's Guide for by the People** Peter Govert, 2001 *Time Management Effectiveness Profile Facilitators Guide* Jon Warner, 2002 **Facilitator's Manual for the Class of Nonviolence** Susan Ives, 2007

The Practical Guide to Facilitation Richard G. Weaver, 2000 Publisher Fact Sheet Hands on companion to Managers as Facilitators helping managers to quickly apply the theory methods to the workplace *TQM Facilitator's Guide* Jerome S. Arcaro, 1997 On TQM *A Practical Guide to Group Facilitation* Yorck von Korf, 2024-06-03 A Practical Guide to Group Facilitation introduces a unique threefold approach to facilitation blending Person Centered Practice system knowledge and method expertise together It serves as a comprehensive resource for facilitators seeking to enhance their professional skills The book delves into the significance of Person Centered Practice as the cornerstone of facilitation exploring personal facilitator qualities like congruence empathic listening and unconditional positive regard inspired by the principles of Carl Rogers It successfully integrates Jane Loevinger's personal development theories with facilitator skill development illustrating the symbiotic relationship between personal growth and effective facilitation Additionally the book incorporates Nonviolent Communication NVC into the facilitator's toolkit offering practical strategies for navigating challenging situations It covers a spectrum of facilitation methods from structured approaches to the Person Centered style of Carl Rogers equipping facilitators to face diverse group contexts Presenting valuable skills and insights to enhance professional practice this book will be highly relevant reading for facilitators mediators and those offering training It will also be useful reading for professionals in participatory processes such as coaches team leaders organizational leaders managers and mentors [The Voice Dialogue Facilitator's Handbook, Part 1](#) Miriam Dyak, 2014-11-14 The first textbook written for learning Voice Dialogue facilitation a method for working with consciousness created by Drs Hal and Sidra Stone authors of *Embracing Our Selves* *Embracing Each Other* *Embracing Your Inner Critic* and *The Shadow King* This Handbook is designed to make Voice Dialogue facilitation easy and rewarding Every part of a Voice Dialogue session is described in detail with lots of sample facilitations that explore the energetic dynamics between a facilitator and his/her client

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