

DONATION FORM



American Heart Association
life is why™



SHAPE America
SHAPING OUR FUTURE
THROUGH PHYSICAL EDUCATION
Grants, America and the American Heart Association collaborate on the Jump Rope For Heart program.

STUDENT'S FIRST NAME _____ STUDENT'S LAST NAME _____

GRADE _____ ROOM # _____ TEACHER'S NAME _____

NAME OF SCHOOL _____

EVENT DATE _____ RETURN THIS ENVELOPE TO TEACHER BY THIS DATE _____

I'M JUMPING IN HONOR OF _____

☐ I WANT TO GIVE MORE, SO PLEASE DO NOT SEND GIFTS. PLEASE CONVERT ALL CASH TO A CHECK(S) PAYABLE TO THE AMERICAN HEART ASSOCIATION. All donors who make donations online will receive a donation receipt.

Don't forget to share your challenge with others. Here's a script you can use:

My school is participating in Jump Rope For Heart where I am learning how to keep my heart healthy. I accepted a challenge to:

- ☐ Choose to drink water instead of sugary drinks
- ☐ Be physically active for 60 minutes a day
- ☐ Eat a fruit or veggie with every meal

Will you accept this challenge with me? I've also set a goal to raise \$_____ to fund lifesaving research and programs that help our community. Please support me by making a donation to the American Heart Association.

Paid	Donor's Name and Challenge	Cash/Check or Money Order Donation	Online Donation	Company Matching Gift Forms*	TOTAL Donations
⑩	Julie Jump Rope- Eat a fruit or veggie with every meal	\$25.00	INCLUDE DONATION REPORT	\$0	\$25.00
○ 1.					
○ 2.					
○ 3.					
○ 4.					
○ 5.					
○ 6.					
○ 7.					
○ 8.					
○ 9.					
○ 10.					
○ 11.					
○ 12.					
○ 13.					
○ 14.					
TOTAL DONATIONS		\$	\$	\$	\$

If you have raised \$50 or more, you've earned a T-shirt! Please mark your size:

Youth: ☐ S ☐ M ☐ L Adult: ☐ S ☐ M ☐ L ☐ XL ☐ XXL ☐ 3XL

*Double Your Donations! Ask your sponsors if they work for a matching gift company and ask for their company form to include in this envelope. Example: \$25 donation = \$50 for your total donation. (FORM MUST BE INCLUDED WITH DONATION.) Check out matchinggifts.com/AHA for more information!

Jump Rope Pledge Form

VM Jensen



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CAHPERD Journal ,2008 The Beginner's Guide to Chick NightTM Colleen Kleven,2011-07-08 Between family obligations and career commitments it can be challenging for women to find the time to enjoy their own lives For every woman who has uttered the words I just dont have time for myself The Beginners Guide to Chick Night offers a warm and witty look at practical ways women can return to their rightful place on their own list of priorities Author Colleen Kleven co founder of the Hanmer Chapter of Chick Night and founder of Chick Night International shares an easy to follow handbook filled with practical advice that will help women everywhere recharge their batteries and learn to start having fun again Based on real life experiences spanning ten years in the lives of three women Klevins light hearted guidebook presents ways women can bond with other women in order to reconnect with themselves while sharing recommendations from women who have experienced the intrinsic rewards of friendship that accompany a weekly Chick Night Fortunately there is a way for women to regain control of their lives and rise above a seemingly endless list of responsibilities Its called true friendship and the laughter chocolate and encouragement that come with it are just added bonuses **The Poetry Corner** Arnold B. Cheyney,1982 Contains lessons and activities designed to teach children to write poetically and to appreciate poetry in both formal and informal settings *Scouting* , Published by the Boy Scouts of America for all BSA registered adult volunteers and professionals Scouting magazine offers editorial content that is a mixture of information instruction and inspiration designed to strengthen readers abilities to better perform their leadership roles in Scouting and also to assist them as parents in strengthening families **Advancing the Civil Rights Movement** Michael DiBari Jr.,2017-02-15 Advancing the Civil Rights Movement Race and Geography of Life Magazine s Visual Representation 1954 1965 examines the way Life Magazine covered the civil rights movement visually and geographically Michael Dibari addresses Life s visual impact and representation in the struggle for equal rights **Scouting** ,1992-09 Published by the Boy Scouts of America for all BSA registered adult volunteers and professionals Scouting magazine offers editorial content that is a mixture of information instruction and inspiration designed to strengthen readers abilities to better perform their leadership roles in Scouting and also to assist them as parents in strengthening families *Guide to American Speech Week* National Council of Teachers of English,1921 **Resources in Education** ,1984 **Gaskell's Compendium of Forms** George Arthur Gaskell,1882 Ebony ,1989-07 EBONY is the flagship magazine of Johnson Publishing Founded in 1945 by John H Johnson it still maintains the highest global circulation of any African American focused magazine

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