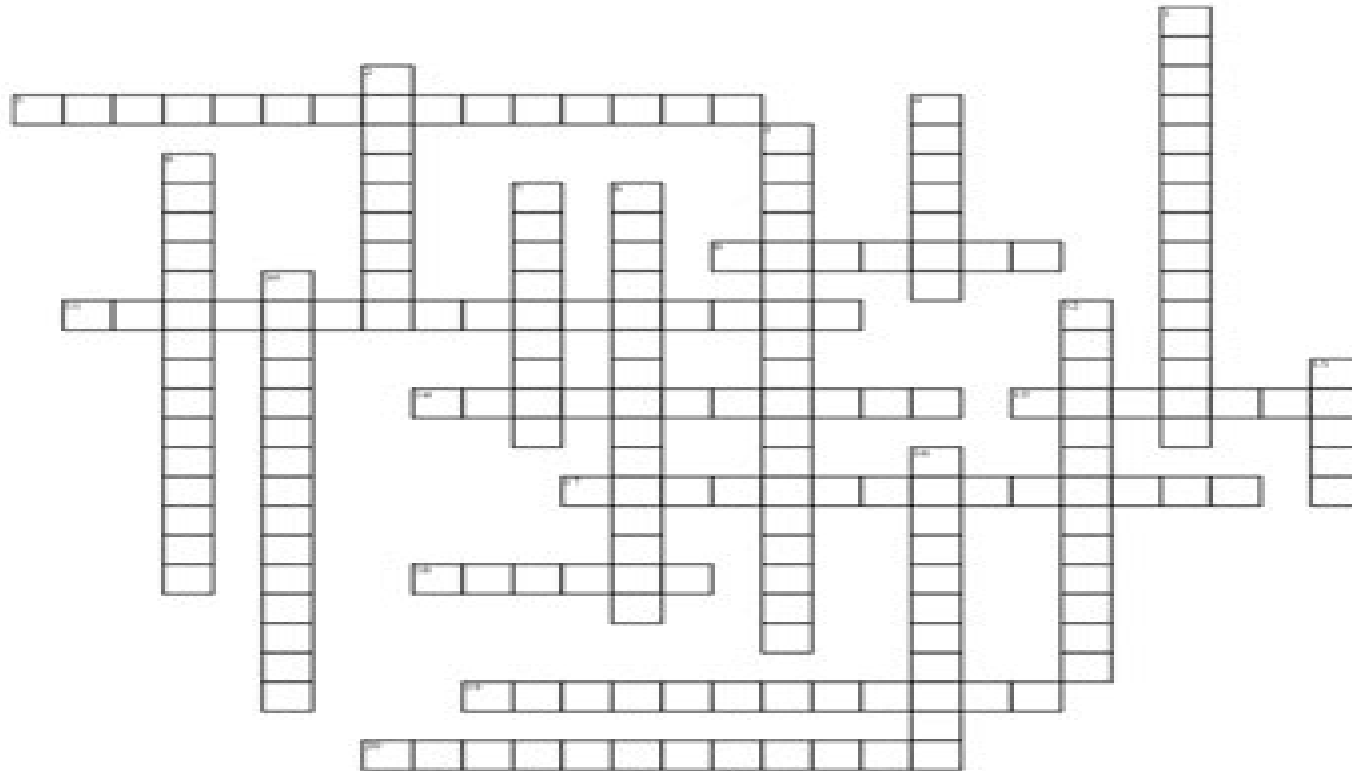


Guide to good food



Across

3. Negative physical reaction to food that does not involve the body immune system

9. The body's ability to meet physical demands

11. using healthy food choices and exercise to maintain a healthy weight

14. a reaction to the body immune system when exposed to protein in foods

15. The unit used to measure the amount of energy value in foods

17. Foods that have been canned, frozen, dried, cooked, or fortified

18. physical or mental tension caused by a reaction to a situation

19. baby doctor

20. doctors who specialize in the care of pregnant women and babies at birth

Down

1. Proportions of bone, muscle, fat and tissue that makes up body weight

2. Thick yellow fluid that has antibodies in breast milk and will protect body from infection

4. A diet that is popular for a short period of time

5. Foods that have more vitamins and minerals compared to the number of calories it supplies

6. A physical activity that speeds a person's heart rate and breathing

7. Producing breast milk

8. An eating disorder where the person starves themselves

10. severe condition in which the body can not control blood sugar levels

12. recommended number of daily servings for each food group

13. unborn baby

16. Abnormal loss of body fluids

Guide To Good Food Grain Crossword

DJ Losen



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Audiovisual Guide to the Catalog of the Food and Nutrition Information and Educational Materials Center

Food and Nutrition Information Center (U.S.), 1977 Over 400 entries to audiovisual materials received by FNIC before 1977 Includes motion pictures slides flashcards videocassettes charts filmstrips records posters transparencies film loops phonodiscs audiotapes games audiocassettes kits puzzles and models Entry gives accession number bibliographical information FNIC call number descriptors and abstract Subject author title and media indexes Contains loan information

Lesson Guide for Captioned Films, XX, 1984 Audiovisual Guide to the Catalog of the Food and Nutrition Information and Educational Materials Center, 1977 **Food and Nutrition Information and Educational Materials Center**

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Food and Nutrition Information Center (U.S.), 1974 **Adult/patient Nutrition Education Materials** Natalie A.

Updegrave, Natalie Updegrave Partridge, 1990 **Food Lovers' Guide to® Connecticut** Lester Brooks, 2013-05-07 The Best Restaurants Markets Local Culinary Offerings The ultimate guides to the food scene in their respective states or regions these books provide the inside scoop on the best places to find enjoy and celebrate local culinary offerings Engagingly written by local authorities they are a one stop for residents and visitors alike to find producers and purveyors of tasty local specialties as well as a rich array of other indispensable food related information including Favorite restaurants and landmark eateries Farmers markets and farm stands Specialty food shops markets and products Food festivals and culinary events Places to pick your own produce Recipes from top local chefs The best cafes taverns wineries and brewpubs

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