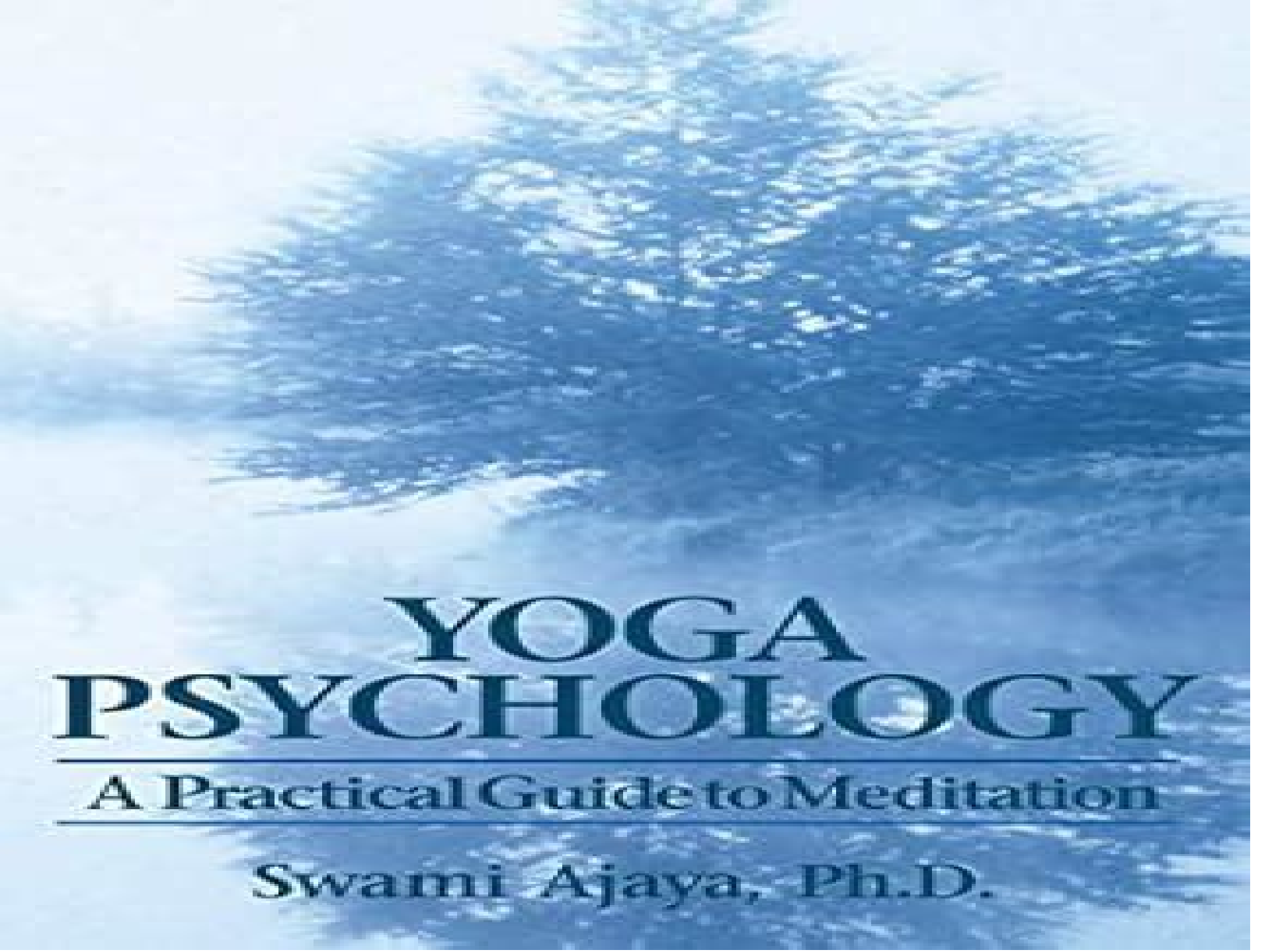




YOGA PSYCHOLOGY

A Practical Guide to Meditation

Swami Ajaya, Ph.D.

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