FEMALE GENITAL EXAMINATION:

- Today I need to carry out a vaginal examination. This will involve me using one hand to feel your tummy and the other hand to place two fingers into your vagina. This will allow me to assess the vagina, womb and ovaries. It shouldn't be painful, but it will feel a little uncomfortable. You can ask me to stop at any point."
- Position

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- 1. Don a pair of non-sterile gloves.

2. Position the patient in the modified lithotomy position:

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Inspect the vulva

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- 1. Inspect the vulva for abnormalities:
- check for
- Ulcers
- Abnormal vaginal discharge:

Female Genital Exam Documentation

Betty Chou

Female Genital Exam Documentation:

A National Protocol for Sexual Assault Medical Forensic Examinations ,2004 Fast Facts About the Gynecologic Exam R. Mimi Secor, Heidi Collins Fantasia, 2017-10-28 This is an extraordinarily down to earth and useful quide for both novice clinicians and experienced clinicians who are presented with challenging patient situations a must have book for novice clinicians as they struggle to make it through their first solo gynecologic examination and move on to mastering the art of caregiving as well as the science of providing the best possible individualized care for each woman across the life span Joellen W Hawkins PhD RN WHNP BC Professor Emeritus Boston College William F Connell School of Nursing Writer in Residence Simmons College School of Nursing and Health Sciences This newly updated step by step guide to the key points of conducting the GYN exam addresses everything both busy nurse practitioners and NP students need to know from basic procedures to high level challenges Part I breaks down the GYN exam into clinical parts emphasizing strategies to decrease anxiety and minimize discomfort at every stage of the exam Part II walks the caregiver through the exam for women at every stage of the life span sexually abused women obese women and women who have undergone genital mutilation This second edition delivers an all new chapter on providing care to transgender and LGBT women and also includes new information on intimate partner violence and working with adolescents and menopausal and older women Comprehensive and organized for easy access to information the book features prominently displayed key points learning objectives and Fast Facts in a Nutshell boxes based on the authors more than 40 years of teaching experience Along with the most up to date information on STIs Pap guidelines across the life span and recommendations on the well woman exam this concise guide comes with a wealth of essential resources including links to instructional videos and free apps for patient and practitioner education adding to the book s value as an indispensable quick access quide to delivering excellent holistic care to women New to the Second Edition New chapter on examining the transgender and LGBT woman Latest information on intimate partner violence Updates on examining adolescents and menopausal and older women New information on female genital mutilation New CDC STD PAP and ACOG Guidelines Links to instructional videos Free apps for patient and practitioner education Key Features Delivers easy to read bulleted information in a convenient pocket size Provides learning objectives key points and Fast Facts in a Nutshell Includes tips on examining special populations including obese anxious multiparous pediatric menopausal and older patients and transgender LGBTQ Serves as a refresher for those studying for the The Johns Hopkins Manual of Gynecology and Obstetrics Betty Chou, 2020-04-06 Portable and easy to WHNP Exam consult The Johns Hopkins Manual of Gynecology and Obstetrics is a trusted on the spot reference for virtually any issue you ll encounter in obstetrics high risk obstetrics gynecology reproductive endocrinology infertility and gynecologic oncology The updated 6th Edition has been reorganized for quick reference and contains thoroughly revised information culled from the collective expertise of residents and attending physicians at The Johns Hopkins University A Practical Guide to Female

Sexual Medicine Corey R Babb, 2025-05-06 The appropriate diagnosis management and even terminology for women with sexual health problems have all been much debated in the past few years This practical text aims to guide the gynecologists urologists family physicians and other professionals involved with the care of these patients With case presentations treatment algorithms and schematic illustrations this comprehensive yet accessible text will be an invaluable reference for the current state of the clinical art Provides an accessible guide to a very contested area of patient care Offers a comprehensive resource for the gynecologists urologists and family physicians involved in care for patients with female sexual dysfunction Presents a concise and practical route through the clinical details a professional physician needs for Collins-Bride & Saxe's Clinical Guidelines for Advanced Practice Nursing patient diagnosis and management Yoonmee Joo, J. V. Gatewood, Mary Anne M. Israel, Kelly Wong McGrath, 2024-05-28 Collins Bride Frailty Common Gerontology Syndromes Cancer Survivorship Lipid Disorders Acne pediatrics section **Physical Examination and Health Assessment** ☐ Carolyn Jarvis, 2015-03-09 With an easy to read approach and unmatched learning resources Physical Examination Health Assessment 7th Edition offers a clear logical and holistic approach to physical exams across the lifespan A total of 1 200 illustrations checklists of key exam steps and practical insights ensure that you learn all the physical exam skills you need to know Written by Carolyn Jarvis an experienced educator and clinician this gold standard in physical examination reflects what is going on in nursing today with coverage of emerging trends and the latest on evidence based practice It's easy to see why this text is far and away 1 in this field A clear logical and streamlined approach simplifies content and helps you learn to perform the complete health assessment The conversational easy to understand writing style makes learning easier A two column format distinguishes normal findings from abnormal findings and uses step by step photos to clarify examination techniques and expected findings 1 200 full color illustrations present anatomy and physiology examination techniques and abnormal findings Abnormal findings tables include more than 300 pathophysiology photos to help in recognizing sorting and describing abnormalities Comprehensive coverage reflects the realities of today's nursing practice NEW content on the Electronic Health Record charting and narrative recording provides examples of how to document assessment findings 150 NEW normal and abnormal examination photos for the nose mouth throat thorax and pediatric assessment show findings that are unexpected or that require referral for follow up care with cultural diversity and developmental variations UPDATED evidence based practice content is highlighted and reflects a focus on conducting the most effective accurate examinations UPDATED case studies provide opportunities to apply your knowledge and develop your analytical skills Checklists for use in RN to BSN completion programs provide a refresher for seasoned nurses returning to the classroom A holistic approach to assessment accommodates the diverse types of patients that you will encounter in the real world Documentation and Critical Thinking sections provide real world clinical examples of specific patients and how to record assessment findings in the patient's chart using the SOAP format Promoting a Healthy Lifestyle boxes enable patient

teaching and health promotion while performing the health assessment and now address the key concept of prevention Developmental Competence sections provide age specific assessment techniques for infants children adolescents pregnant women and older adults Culture and Genetics sections include biocultural and transcultural information on an increasingly diverse patient population Spanish language translations highlight important phrases for improved data gathering and communication during the physical examination with Spanish speaking patients Pediatric Physical Examination - E-Book Karen G. Duderstadt, 2017-12-15 Known for its accuracy consistency and portability Pediatric Physical Examination An Illustrated Handbook 3rd Edition teaches the unique range of skills needed to assess children of all ages Spiral bound for quick reference in clinical settings this photo rich step by step guide to physical examination for advanced practice providers prepares you to expertly examine children from birth through adolescence Body system chapters begin with fetal development and take you through the key developmental stages of childhood For infants and young children Duderstadt uses the quiet to active approach favored by pediatric experts and considered more effective for this age group than the traditional head to toe approach used for adults This edition features a new chapter on newborn physical examination expanded coverage of skin conditions and new Red Flag highlights that help you recognize high priority health issues Expert guidance for the pediatric exam employs the guiet to active approach to the examination and assessment of infants including preterm infants and young children This pediatric assessment approach which starts with listening and moves on to touching yields the best results in this age group Richly illustrated in full color to help facilitate learning with more than 300 photos and drawings that familiarize you with assessment techniques and common assessment findings Easy to use two column format provides quick access to concise guidance for the pediatric physical exam Quick reference special features including Information Gathering tables highlight questions and data needed from the patient guardian with questions conveniently separated by age group to guide history taking Concise Conditions tables summarize common abnormal findings for each examination area Pediatric Pearls highlight effective physical examination findings and techniques gleaned from years of expert practice Family Cultural and Racial Considerations sections address the increasingly important areas of family and cultural assessment to prepare you for differences to anticipate when assessing children of various cultural or racial groups Evidence Based Practice Tips highlight useful research findings that guide clinical practice Bulleted Summary of Examination lists at the end of each examination chapter highlight key assessment points associated with each body system and serve as a convenient learning aid and quick reference End of chapter Charting examples demonstrate how to record physical examination findings in the health record and familiarize you with documentation language and format Convenient spiral binding lets you lay the book flat or fold it back for easy visualization and quick reference in clinical settings **Infectious** Diseases of the Female Genital Tract Richard L. Sweet, Ronald S. Gibbs, 2012-03-29 Thoroughly updated and now featuring more than 100 full color illustrations the Fifth Edition of this comprehensive reference provides current complete

diagnostic and therapeutic information on infectious diseases of the female genital tract This edition includes new chapters on human papillomavirus and the new vaccines and on infection as a cause of neonatal brain damage The book emphasizes an evidence based approach to recommendations and presents current guidelines for treatment of sexually transmitted diseases The presentation of material has been streamlined to produce a smaller more user friendly text and the format has been modified to include additional algorithms and tables A companion Website will offer the fully searchable text and an image bank Forensic and Legal Medicine Jason Payne-James, Roger Byard, 2023-12-20 A comprehensive and accessible resource covering all aspects of forensic and legal medicine The text provides a foundation for those working in both the clinical and forensic aspects of care and will also be an asset to those involved in the police or judicial systems Including clear guidelines for practical applications and further enhanced by its many illustrations and case examples this text is a valuable resource in an increasingly complex field The authoritative work is written by those who have extensive experience for a wide audience including but not limited to forensic pathologists general pathologists pediatric pathologists forensic physicians forensic scientists coroners emergency department physicians judges and legal practitioners Chapter 62 of this book is freely available as a downloadable Open Access PDF at http www taylorfrancis com under a Creative Commons Attribution Non Commercial No Derivatives CC BY NC ND 4 0 license Public Health Reports ,2002

The book delves into Female Genital Exam Documentation. Female Genital Exam Documentation is a vital topic that must be grasped by everyone, ranging from students and scholars to the general public. The book will furnish comprehensive and indepth insights into Female Genital Exam Documentation, encompassing both the fundamentals and more intricate discussions.

- 1. This book is structured into several chapters, namely:
 - Chapter 1: Introduction to Female Genital Exam Documentation
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 - Chapter 3: Female Genital Exam Documentation in Everyday Life
 - Chapter 4: Female Genital Exam Documentation in Specific Contexts
 - ∘ Chapter 5: Conclusion
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- 6. In chapter 5, the author will draw a conclusion about Female Genital Exam Documentation. The final chapter will summarize the key points that have been discussed throughout the book.
 - This book is crafted in an easy-to-understand language and is complemented by engaging illustrations. It is highly recommended for anyone seeking to gain a comprehensive understanding of Female Genital Exam Documentation.

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