

## Electrical Equipment and Speed Control

### Voltage

Check voltage indicated on switch plate (fig. 7). Make sure that this **voltage** (Volts) is the same as that indicated on the **electric meter** or on the **light bulbs**.

If these indications should not correspond do not connect the machine but notify your ELNA Service. (Markings on the plugs are irrelevant fig. 7.)

### Knee Control Lever and Electric Cord

Insert the knee control lever in the bayonet catch and connect the electric cord (fig. 7).

### Foot Control Pedal

On machines supplied with a foot control, connect the pedal cord (fig. 8).

### Starting the Machine

The more you press against the knee control lever with your right knee, or the more you press the foot control pedal down with your foot, the faster the machine will run.

### Sewing Light

Never touch the bulb as long as the current is connected. Pull the plug out first.

To replace the bulb, proceed as shown in fig. 9-10. Bayonet socket: push in, turn and remove it.

plug

Volts

7

8

9

10



# Elna 55 Manual

**SA Adler**



## Elna 55 Manual:

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Manual de cantichs que se cantan en les Missions que se fan lo Bisbat de Elna, disposat per S. Salamó y M. Gelabert Simon SALAMÓ (and GELABERT (Melchior)),1755      Manual de novells ardots vulgarment apellat Dietari del Antich Consell Barceloní ,1893      *The American Journal of Nursing* ,1956      **Education for Empire** Clif Stratton,2016-01-19 Education for Empire brings together topics in American history often treated separately schools race immigration and empire building During the Gilded Age and Progressive Era American imperial ambitions abroad expanded as the country s public school system grew How did this imperialism affect public education School officials teachers and textbook authors used public education to place children both native and foreign born on multiple uneven paths to citizenship Using case studies from around the country Clif Stratton deftly shows that public schooling and colonialism were intimately intertwined This book reveals how students from Asians in the U S West and Hawai i to blacks in the South Mexicans in the Southwest and Puerto Ricans in the Caribbean and New York City grappled with the expectations of citizenship imposed by nationalist professionals at the helm of curriculum and policy Students of American history American studies and the history of education will find Education for Empire an eminently valuable book      *Manual de Cantichs que se cantan en les Missions que fan preberes seculars en lo Bisbat de Elna* Simon Salamon,1766      **Exposure and Response (Ritual) Prevention for Obsessive-Compulsive Disorder** Edna B. Foa,Elna Yadin,Tracey K. Lichner,2012-03-02 An estimated 2 3% of the population is affected by obsessive compulsive disorder OCD This is a chronic condition that significantly affects daily functioning and quality of life Many people with OCD would greatly benefit from receiving professional help to learn how to successfully manage this debilitating condition This book guides clinicians in treating individuals with OCD through the use of exposure and ritual response prevention one of the most effective and the most studied treatments for OCD Designed to be used in conjunction with its companion patient workbook titled Treating Your OCD with Exposure and Ritual Response Prevention Therapy this Therapist Guide includes supporting theoretical historical and research background information diagnostic descriptions differential diagnoses session by session treatment outlines case examples sample dialogues practice assignments and tailored application to the vast variety of presentations and nuances of the disorder The manual contains the nuts and bolts of how to provide the treatment and is a comprehensive resource for therapists It is an invaluable guide for clinicians in overcoming the barriers and difficulties that are part and parcel of every treatment Exposure and ritual

response prevention EX RP is the best treatment we have for obsessive compulsive disorder The Therapist Guide and Workbook by Foa Yadin and Licher will do two very important things The first is to make EX RP much more available to people suffering from OCD The second is to help ensure that the treatment that is made more available is a treatment that should really work Michael R Liebowitz M D Professor of Clinical Psychiatry Columbia University and Former Director Anxiety Disorders Clinic New York State Psychiatric Institute In this well organized and succinct manual leading experts describe exposure and ritual response prevention EX RP a proven first line treatment for obsessive compulsive disorder OCD They detail how to evaluate clients for EX RP treatment provide session by session instructions for treatment delivery and offer invaluable advice on handling problems like patient nonadherence This outstanding therapist manual together with its accompanying client workbook provides state of the art tools for transforming the lives of people with OCD H Blair Simpson M D Ph D Professor of Clinical Psychiatry Columbia University Director of the Anxiety Disorders Clinic and the OCD Research Program at the New York State Psychiatric Institute A concise up to date and extremely useful clinical guide to understanding and treating people struggling with OCD State of the art essentials for how to provide the most effective intervention for this often difficult to treat condition are covered in a clear and practical manner that is certain to facilitate positive outcomes Jonathan S Abramowitz Ph D ABPP Professor of Psychology University of North Carolina at Chapel Hill and Editor in Chief Journal of Obsessive Compulsive and Related Disorders

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