

ATTACHMENT THEORY

British psychologist John Bowlby (1969) proposed the attachment theory, a theory that explains how and why a newborn becomes so emotionally connected with its mother.

BOWLBY QUOTE

"The instinctual responses mature at different times during the first year of life and develop at different rates; they serve the function of binding the child to mother and contribute to the reciprocal dynamic of binding mother to child" (Bowlby, 1958, p. 351).

STAGES

- 1 Pre-attachment (newborn to 6 weeks)
- 2 Attachment in Making (6 weeks to 6-8 months)
- 3 Clear-cut Attachment (6-8 months to 18-24 months)
- 4 Formation of Reciprocal Relationships (24 months +)

John Bowlby And Attachment Theory

A Gutmann



John Bowlby And Attachment Theory:

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John Bowlby And Attachment Theory Introduction

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