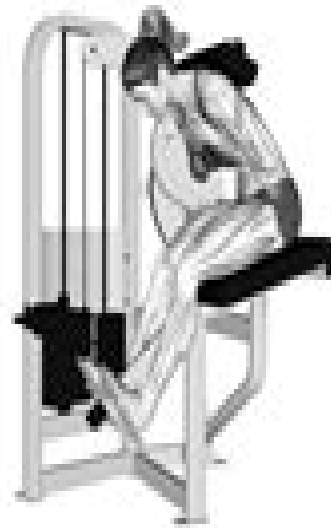




# Hyperextension Home Gym Manual

**Ola Grimsby, Jim Rivard**



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