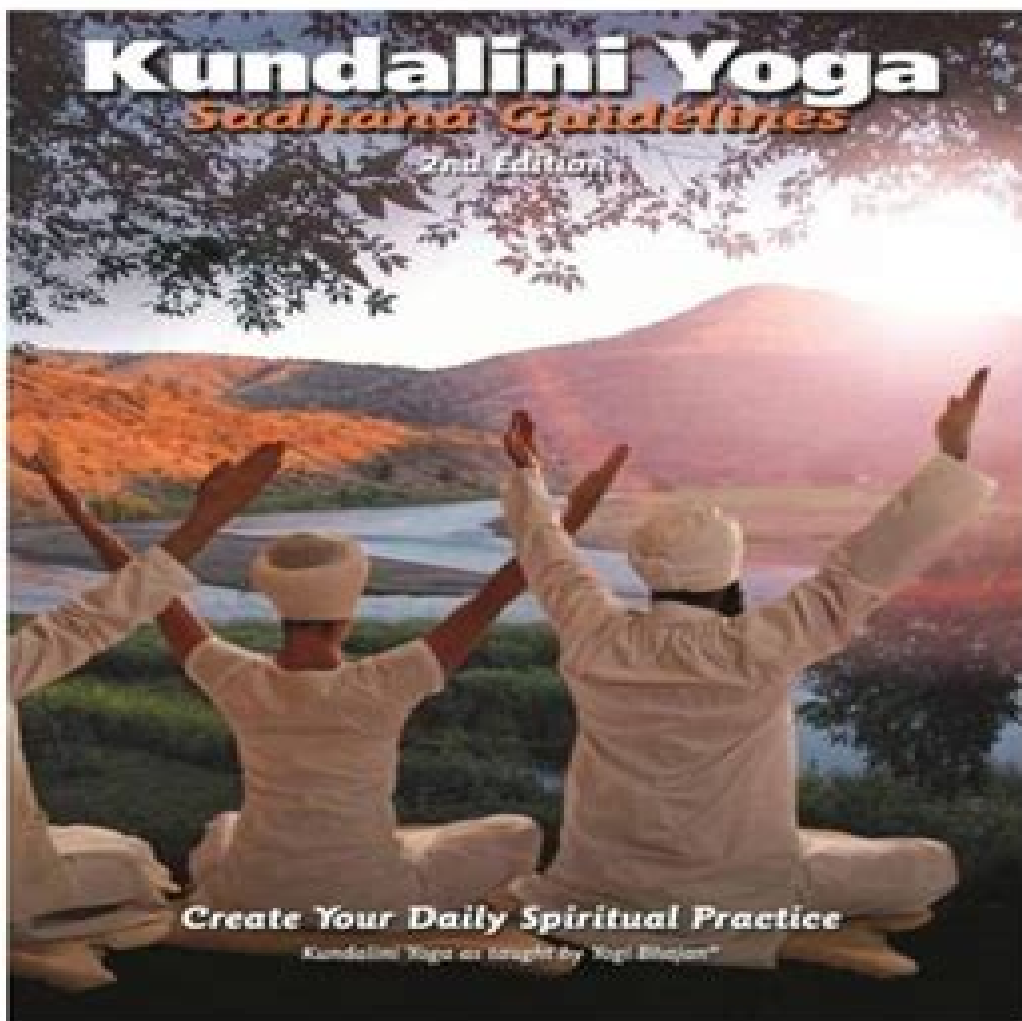


Kundalini Yoga

Sadhana Guidelines

2nd Edition



Create Your Daily Spiritual Practice

Kundalini Yoga as taught by Yogi Bujar

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