

GINA 2023: Stepwise Treatment Approach

GINA 2023 - STARTING TREATMENT

Children 6-11 years with a diagnosis of asthma

ASSESS:

Confirmation of diagnosis

Symptom control and modifiable risk factors

Comorbidities

Inhaler technique and adherence

Child and parent/caregiver

preferences and goals

START HERE IF:

Symptoms
≤ 2/month

Symptoms
≥ 2/month and
less than daily

Symptoms with
awakening
≥ 1/wk or
symptoms most
days

Symptoms with
awakening
≥ 1/wk, most
days, and low
lung function

Short course OCS
may also be needed
for patients
presenting with
severely uncontrolled
asthma

PREFERRED CONTROLLER:

To prevent
exacerbations and
control symptoms

Other controller options
(limited indications, or
less evidence for
efficacy or safety)

RELIEVER

STEP 1

Low dose ICS
taken whenever
SABA taken

Consider daily
low dose ICS

STEP 2

Daily low dose inhaled corticosteroid (ICS)
(see table of ICS dose ranges for children)

Daily leukotriene receptor antagonist (LTRA), or
low dose ICS taken whenever SABA taken

STEP 3

Low dose
ICS-LABA, OR
medium dose ICS,
OR very low dose
ICS-formoterol
maintenance and
reliever (MART)

Low dose
ICS + LTRA

STEP 4

Medium dose
ICS-LABA,
OR low dose
ICS-formoterol
maintenance
and reliever
therapy (MART)
Refer for expert
advice

Add tiotropium
or add LTRA

STEP 5

Refer for
phenotypic
assessment +
higher dose
ICS-LABA or
add-on therapy,
e.g. anti-IgE,
anti-IL4R,
anti-IL5

As last resort,
consider add-on
low dose OCS,
but consider side
effects

As-needed SABA (or low dose ICS-formoterol reliever for MART in Steps 3 and 4)

Gina Guidelines 23

Christian Drosten



Gina Guidelines 23:

Unveiling the Energy of Verbal Beauty: An Psychological Sojourn through **Gina Guidelines 23**

In a global inundated with monitors and the cacophony of instant connection, the profound energy and mental resonance of verbal beauty frequently disappear into obscurity, eclipsed by the constant assault of noise and distractions. Yet, located within the musical pages of **Gina Guidelines 23**, a fascinating work of literary beauty that impulses with organic feelings, lies an memorable journey waiting to be embarked upon. Published by a virtuoso wordsmith, that exciting opus instructions visitors on an emotional odyssey, lightly revealing the latent potential and profound affect embedded within the complex web of language. Within the heart-wrenching expanse of this evocative analysis, we shall embark upon an introspective exploration of the book is key themes, dissect their charming writing style, and immerse ourselves in the indelible impact it leaves upon the depths of readers souls.

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