

Jeff Ellis Management Lifeguard Review Sheet

The standards of care expected of lifeguards who complete the ILTP course information:

- Providing swimmer protection consistent with the _____ Protection Standard
- Maintaining a _____ image
- Maintaining lifeguard _____ (including rescues performed at a _____ level) - ☒ ☐ ☒ 10/20, professional; skills, test-ready

Use _____ (which may include gloves, eyewear, and breathing devices) when providing emergency medical care to an injured/ill guest. - ☒ ☐
☒ ☐ Personal Protective Equipment

A typical audit may evaluate

- Your _____ and on-stand performance
- Your ability to remain _____
- Your ability to protect yourself from the _____
- Your level of _____
- Your ability to function within your aquatic facility's _____
_____ - ☒ ☐ ☒ Professionalism; vigilant; environment; rescue readiness; Emergency action plan

The ____/____ means that while scanning a zone, the lifeguard has ____ seconds to recognize that a guest is in distress, and an additional ____ seconds to reach the guest and perform a rescue. - ☒ ☐ ☒ 10/20 Protection standard; 10; 20

Jeff Ellis Lifeguard Test Answers

Lingsheng Yao

A red circular graphic with a gradient, appearing as a partial circle or a thick arc, located to the right of the name bar.

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