

# STEPWISE APPROACH FOR MANAGING ASTHMA IN CHILDREN 0-4 YEARS OF AGE

**Intermittent Asthma**

**Persistent Asthma: Daily Medication**  
Consult with asthma specialist if step 3 care or higher is required.  
Consider consultation at step 2.

## Step 1

*Preferred:*  
SABA PRN

## Step 2

*Preferred:*  
Low-dose ICS  
*Alternative:*  
Cromolyn or Montelukast

## Step 3

*Preferred:*  
Medium-dose ICS

## Step 4

*Preferred:*  
Medium-dose ICS + either LABA or Montelukast

## Step 5

*Preferred:*  
High-dose ICS + either LABA or Montelukast

## Step 6

*Preferred:*  
High-dose ICS + either LABA or Montelukast  
  
Oral systemic corticosteroids

**Step up if needed**

(first, check adherence, inhaler technique, and environmental control)

*Assess control*

**Step down if possible**  
(and asthma is well controlled at least 3 months)

## Patient Education and Environmental Control at Each Step

### Quick-Relief Medication for All Patients

- SABA as needed for symptoms. Intensity of treatment depends on severity of symptoms.
- With viral respiratory infection: SABA q 4-6 hours up to 24 hours (longer with physician consult). Consider short course of oral systemic corticosteroids if exacerbation is severe or patient has history of previous severe exacerbations.
- Caution: Frequent use of SABA may indicate the need to step up treatment. See text for recommendations on initiating daily long-term-control therapy.

# Gina Asthma Guidelines 2010

**J Spring**



## **Gina Asthma Guidelines 2010:**

## Unveiling the Magic of Words: A Review of "**Gina Asthma Guidelines 2010**"

In some sort of defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their ability to kindle emotions, provoke contemplation, and ignite transformative change is actually awe-inspiring. Enter the realm of "**Gina Asthma Guidelines 2010**," a mesmerizing literary masterpiece penned with a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve into the book's central themes, examine its distinctive writing style, and assess its profound effect on the souls of its readers.

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