



FRAGRANT

THE SECRET LIFE OF SCENT

MANDY AFTEL

Fragrant The Secret Life Of Scent

Lizzie Ostrom



Fragrant The Secret Life Of Scent:

Fragrant Mandy Aftel, 2014-10-16 Winner of the 2016 Perfumed Plume Award The Alice Waters of American natural perfume indieperfume.com and author of the Art of Flavor celebrates our most potent sense through five rock stars of the fragrant world Mandy Aftel is widely acclaimed as a trailblazer in natural perfumery Over two decades of sourcing the finest aromatic ingredients from all over the world and creating artisanal fragrances she has been an evangelist for the transformative power of scent In *Fragrant* through five major players in the epic of aroma she explores the profound connection between our sense of smell and the appetites that move us give us pleasure make us fully alive Cinnamon queen of the Spice Route touches our hunger for the unknown the exotic the luxurious Mint homegrown the world over speaks to our affinity for the familiar the native the authentic Frankincense an ancient incense ingredient taps into our longing for transcendence while ambergris embodies our unquenchable curiosity And exquisite jasmine exemplifies our yearning for beauty both evanescent and enduring In addition to providing a riveting initiation into the history natural history and philosophy of scent *Fragrant* imparts the essentials of scent literacy and includes recipes for easy to make fragrances and edible drinkable and useful concoctions that reveal the imaginative possibilities of creating with and reveling in aroma Vintage line drawings make for a volume that will be a treasured gift as well as a great read

Dung for Dinner Christine Virnig, 2020-07-21 Discover the stomach churning truth about the animal poop pee vomit and secretions that humans have eaten throughout history and sometimes still do in Christine Virnig's laugh out loud middle grade nonfiction debut *Dung for Dinner* is illustrated by Korwin Briggs From Roman charioteers scarfing wild boar dung to astronauts guzzling their own pee to today's kids spreading insect vomit on their toast this humorous compendium is chock full of history science and fascinatingly gross facts Bug secretions coating your candy corn Rodent poop in your popcorn Physicians tasting their patients pee It's deliciously disgusting SCBWI Golden Kite Award Finalist for Older Nonfiction

Brewing Local Stan Hieronymus, 2016-10-07 Beer has never been a stranger to North America Author Stan Hieronymus explains how before European colonization Native Americans were making beer from fermented corn such as the tiswin of the Apache and Pueblo tribes European colonists new to the continent were keen to use whatever local flavorings were at hand like senna celandine chicory pawpaw and persimmon Before barley took hold in the 1700s early fermentables included corn maize wheat bran and of course molasses Later immigrants to the young United States brought with them German and Czech yeasts and brewing techniques setting the stage for the ubiquitous Pilsner lagers that came to dominate by the late 1800s But local circumstances led to novel techniques like corn and rice adjuncts or the selection of lager yeasts that could ferment at ale like temperatures Despite the emergence of brewing giants with national distribution common brewers continued to make common beer for local taverns and pubs Distinctive American styles arose Pennsylvania Swankey Kentucky Common Choc beer Albany Ale and steam beer now called California common all distinctive styles born of their place From its post war

fallow period the US brewing industry was reignited in the 1980s by the craft beer scene Follow Stan Hieronymous as he explores the wealth of ingredients available to the locavores and beer aficionados of today He takes the reader through grains hops trees plants roots mushrooms and chilis all ingredients that can be locally grown cultivated or foraged The author supplies tips on how to find these as well as dos and don'ts of foraging He investigates the nascent wild hops movement and initiatives like the Local Yeast Project Farm breweries are flourishing with more breweries operating on farms than the US had total breweries fewer than 50 years ago He gives recipes too each one showing how novel local ingredients can be used to add fermentables flavor and hop like bitterness and how they might be cultivated or gathered in the wild Armed with this book brewers in America have never been better equipped to create a beer that captures the essence of its place

Against All Hops George Heilshorn, 2017-10-31 This revolutionary brewing guide features unique botanical beers brewed without hops for a distinct invigorating flavor The technique is highlighted by George Butch Heilshorn who brews this ancient ale regularly for his popular brewery in Portsmouth NH Earth Eagle Brewings This throwback to traditional German brewing is technique based and full of unexpected flavors that will blow a brewer's mind and palate Butch serves the beer to packed crowds of beer enthusiasts This back to the future brewing features gruits beers brewed with little or no hops that rely on foraged roots herbs and spices to flavor beer These unique ingredients give the beer earthy herbal notes instead of hops fruit and spruce At the brewery a forager collects from woods swamps and seacoasts for ingredients that provide an expression of locale a reflection of time and place Home brewers and professionals looking for different flavor choices can expand their horizons and push their brewing to new places with this outside the box technique for great beer This book features 12 main recipes plus a myriad of variations and suggestions with 60 photographs

Scents & Sensibility Catherine Maxwell, 2017 Explores Victorian literature through scent and perfume presenting an extensive range of well known and unfamiliar texts in intriguing and imaginative new ways that make us re think literature's relation with the senses A selection of poems essays and fiction exploring these texts with reference to both the little known cultural history of perfume use and the appreciation of natural fragrance in Victorian Britain It shows how scent and perfume are used to convey not merely moods and atmospheres but the nuances of the aesthete or decadent's carefully cultivated identity personality or sensibility

Nose Dive Harold McGee, 2020-10-20 The ultimate guide to the smells of the universe the ambrosial to the malodorous and everything in between from the author of the acclaimed culinary guides *On Food and Cooking* and *Keys to Good Cooking* From Harold McGee James Beard Award winning author and leading expert on the science of food and cooking comes an extensive exploration of the long overlooked world of smell In *Nose Dive* McGee takes us on a sensory adventure from the sulfurous nascent earth more than four billion years ago to the fruit filled Tian Shan mountain range north of the Himalayas to the keyboard of your laptop where trace notes of phenol and formaldehyde escape between the keys We'll sniff the ordinary wet pavement and cut grass and the extraordinary ambergris and truffles the

delightful roses and vanilla and the challenging swamplands and durians We ll smell one another We ll smell ourselves Through it all McGee familiarizes us with the actual bits of matter that we breathe in the molecules that trigger our perceptions that prompt the citrusy smells of coriander and beer and the medicinal smells of daffodils and sea urchins And like everything in the physical world molecules have histories Many of the molecules that we smell every day existed long before any creature was around to smell them before there was even a planet for those creatures to live on Beginning with the origins of those molecules in interstellar space McGee moves onward through the smells of our planet the air and the oceans the forest and the meadows and the city all the way to the smells of incense perfume wine and food Here is a story of the world of every smell under our collective nose A work of astounding scholarship and originality Nose Dive distills the science behind the smells and translates it as only McGee can into an accessible and entertaining guide Incorporating the latest insights of biology and chemistry and interweaving them with personal observations he reveals how our sense of smell has the power to expose invisible intangible details of our material world and trigger in us feelings that are the very essence of being alive

Natural Color Sasha Duerr,2016-08-23 A beautiful book of seasonal projects for using the brilliant spectrum of colors derived from plants to naturally dye your clothing and home textiles Organized by season Natural Color is a beautifully photographed guide to the full range of plant dyes available drawn from commonly found fruits flowers trees and herbs with accompanying projects Using sustainable methods and artisinal techniques designer artist and professor Sasha Duerr details achievable ways to apply these limitless color possibilities to your home and wardrobe Whether you are new to dyeing or more practiced Duerr s clear and simple ingredients lists step by step instructions and detailed breakouts on techniques such as shibori dip dye and block printing will ensure beautiful results With recipes to dye everything from dresses and sweaters to rugs and napkins Natural Color will inspire fashion enthusiasts home decorators textile lovers and everyone else who wants to bring more color into their life

Managing Knowledge in Organizations W. David Holford,2020-04-28 This book explores organizational knowledge and how it can be pragmatically exploited within many of today s socio technical economic contexts It provides both conceptual and empirical findings across different organizational contexts addressing areas which have either been under developed such as power in relationship to knowledge or require further examination such as the role a more holistic action oriented view can contribute towards identifying and retaining expert knowledge within an organization especially within digital environments Further it looks at how different perceptions mental models beliefs and emotions or lack of as well as differing actions and behaviors affect our abilities to detect hidden risks This book will guide researchers in rendering the relationship between the managing of knowledge and the presence of risk more visible

Natural Palettes Sasha Duerr,2020-04-21 The plant lover s alternative to the Pantone color guide Julia Sherman creator of Salad for President Renowned natural dyer artist and educator Sasha Duerr envisions a new age of fresh modern color palettes drawing from our original source of inspiration and ingredients the natural world around us This

innovative plant based color guide includes twenty five palettes with five hundred natural color swatches providing a bounty of ideas for sustainable fashion textiles fine art floral design food medicine gardening interior design and other creative disciplines Bring the healing power of forest bathing into your home with a palette of spruce cones pine needles and balsam branches Move past Pantone and embrace the natural balance of a pollinator palette with Hopi sunflower red poppy echinacea and scabiosa Duerr complements her palettes with illuminating reflections on connections between color and landscape the healing properties of medicinal plants the ways food and floral waste can be regenerated to enhance lifestyle experiences the ecological benefits of using natural colors and more You may never view color or the plants that surround us the same way again

Human Enactment Of Intelligent Technologies: Towards Metis And Mindfulness W David Holford, 2021-08-05 This book demystifies what artificial intelligence is examines its strength and limitations in comparison to what humans are capable of and investigates the nature of human adaptive expertise across the concept of metis It also examines a particular family of mindsets that we as humans have adopted over the ages namely epistemologies of representational knowledge These representational perspectives have followed us into numerous fields including how we perceive and comprehend human cognition leading to with a hammer everything looks like a nail syndrome As such this book presents the alternative phenomenological viewpoint of embodied direct reality within the cognitive sciences in the form of radical embodied cognition and more importantly how it allows us to better highlight and comprehend human metis and its adaptive expertise We then examine why we collectively continue to enact and perpetuate predominant mindsets of representations across the phenomena of mindlessness To counter this we revisit the practice of individual and collective mindfulness providing a potential beachhead in our re appropriation of technology artificial intelligence towards achieving the best of both worlds that is allowing human creativity and ingenuity to be expressed with artificial intelligence as a tool to help us do just that across meaningful human control Finally we conclude by examining current top of the horizon activities and debates regarding quantum physics in relation to the human mind and artificial intelligence and how once again representational mindsets need not be the only tool in town

The Flavor of Wood Artur Cisar-Erlach, 2019-02-26 Part travelogue and part culinary adventure a quirky entertaining ramble through the many ways wood lends its flavor to food Bob Holmes author of *Flavor* Most people don't expect wood to flavor their food beyond the barbecue and gastronomists rarely discuss the significance of wood in the realm of taste But trees have a far greater influence over our plate and palate than you might think Over the centuries it has been used in cooking distilling fermenting and even perfume creation to produce a unique flavor and smell In *The Flavor of Wood* food communications expert Artur Cisar Erlach embarks on a global journey to understand how trees infuse the world's most delectable dishes through their smoke sap roots and bark His exploration covers everything from wooden barrels used to age scotch in Austria to the wood burning pizza ovens of Naples to Canadian maple syrup producers as well as cheese tea wine blue yogurt and more Brimming with fascinating characters

unexpected turns beautiful landscapes scientific discoveries and historic connections *The Flavor of Wood* is the story of a passionate flavor hunter and offers readers unparalleled access to some of the world's highest quality cuisine and unknown tree flavors

The Elements of a Home Amy Azzarito, 2020-03-17 *The Elements of a Home* reveals the fascinating stories behind more than 60 everyday household objects and furnishings Brimming with amusing anecdotes and absorbing trivia this captivating collection is a treasure trove of curiosities With tales from the kitchen the bedroom and every room in between these pages expose how napkins got their start as lumps of dough in ancient Greece why forks were once seen as immoral tools of the devil and how Plato devised one of the earliest alarm clocks using rocks and water plus so much more A charming book for anyone who loves history design or decor Readers discover tales from every nook and cranny of a home Entries feature historical details from locations all over the world including Europe Asia North America and Africa As a design historian and former managing editor of *Design Sponge* author Amy Azzarito has crafted an engaging whimsical history of the household objects you've never thought twice about The result is a fascinating book filled with tidbits from a wide range of cultures and places about the history of domestic luxury Filled with lovely illustrations by Alice Pattullo Perfect for anyone who adores interior design trivia history and unique facts Great for those who enjoyed *The Greatest Stories Never Told* *100 Tales from History to Astonish Bewilder and Stupefy* by Rick Beyer *An Uncommon History of Common Things* by Bethanne Patrick and John Thompson *Encyclopedia of the Exquisite An Anecdotal History of Elegant Delights* by Jessica Kerwin Jenkins

Revelations in Air Jude Stewart, 2021-10-26 An extraordinary strange and startlingly beautiful exploration of smell the least understood of our five senses The nose on your face is the Buckingham Palace Guard of your body the maitre d of all taste as well as the seducer of your imagination and memory and Jude Stewart has charmed them all into a wicked poetic and illuminating tour of their mysterious domains Jack Hitt author of *Bunch of Amateurs* Overlapping with taste yet larger in scope smell is the sense that comes closest to pure perception Smell can collapse space and time unlocking memories and transporting us to worlds both new and familiar Yet as clearly as each of us can recognize different smells the bright tang of citrus freshly sharpened pencils parched earth after rain few of us understand how and why we smell In *Revelations in Air* Jude Stewart takes us on a fascinating journey into the weird and wonderful world of smell Beginning with lessons on the incredible biology and history of how our noses work Stewart teaches us how to use our noses like experts Once we're properly equipped and ready to sniff Stewart explores a range of smells from lavender cut grass and hot chocolate to cannabis and old books using smell as a lens into art history science and more With an engaging colorful design and exercises for readers to refine their own skills *Revelations in Air* goes beyond science or history or chemistry it's a doorway into the surprising pleasurable and unfamiliar landscape of smell

The Healing Power of Scent Ellen Rowland, 2024-06-18 In *The Healing Power of Scent* aromatherapist and author Ellen Rowland dives deep into the most mysterious and ephemeral of the five senses scent and explores how we can use our own unique responses to the smells we find in the world around us

for spiritual and emotional healing Starting from a place of inquisitiveness the science of scent is unpacked in accessible terms as its healing power is revealed through its molecular makeup The practical application of scent comes next with a series of exercises recipes and prompts to help the reader develop their own scent diary and understanding of the scents that mean the most to them The recipes include blends of oils for the reader to try with instructions for other products to add scent to a create a life filled with a healing power that makes the reader feel safe and supported The Healing Power of Scent explores the emotional aspects of scent and its associations and looks closely at how certain scents can actually have a physical impact on us and how that impact can be harnessed for healing Throughout the book exercises to engage fully with what scent means to the reader and how it can be used to improve everyday life are explained in an easy to follow way with guidance on how to bring more helpful and healing scent into everyday life A perfect introduction to everything you could want to know about the power of scent the combined scientific and emotional approaches result in a truly holistic understanding of the healing power of scent and how it can enhance your life *Scent* Elise Vernon Pearlstine, 2022-01-01

A fascinating exploration of the natural history of scent and human perceptions of fragrance from the viewpoint of plant and pollinator An evocative journey that awakens one's curiosity to an oft forgotten sense Dana Dunham Scientific American Plants have long harnessed the chemical characteristics of aromatic compounds to shape the world around them Frankincense resin from the genus *Boswellia* seals injured tissues and protects trees from invading pathogens Jasmine produces a molecule called linalool that attracts pollinating moths with its flowery scent Tobacco uses a similarly sweet smelling compound called benzyl acetone to attract pollinators Only recently in the evolutionary history of plants however have humans learned to co opt their fragrances to seduce heal protect and alter moods themselves In this wide ranging and accessible new book biologist turned perfumer Elise Vernon Pearlstine turns our human centered perception of fragrance on its head and investigates plants evolutionary reasons for creating aromatic molecules Delving into themes of spirituality wealth power addiction royalty fantasy and more Pearlstine uncovers the natural history of aromatic substances and their intersection with human culture and civilization *The Art of Flavor* Daniel Patterson, Mandy Aftel, 2017-08-01 As seen in Food52 Los Angeles Times and Bloomberg Two masters of composition a chef and a perfumer present a revolutionary new approach to creating delicious food Michelin two star chef Daniel Patterson and celebrated natural perfumer Mandy Aftel are experts at orchestrating ingredients Yet even in a world awash in cooking shows and food blogs they noticed home cooks get little guidance in the art of flavor In this trailblazing guide they share the secrets to making the most of your ingredients via an indispensable set of tools and principles The Four Rules for creating flavor A Flavor Compass that points the way to transformative combinations The flavor heightening effects of cooking methods Locking burying and other aspects of cooking alchemy The Seven Dials that let you fine tune a dish With more than eighty recipes that demonstrate each concept and put it into practice *The Art of Flavor* is food for the imagination that will help cooks at any level to become flavor virtuosos

Perfume Lizzie Ostrom, 2016-12-06 Join Lizzie Ostrom on an olfactory adventure as she explores the trends and crazes that have shaped the way we've spritzed. One hundred perfumes and scents in all their fragrant glory reveal a fascinating social history of the past century. From the belle époque through the swinging sixties to the naughty nineties and beyond, Ostrom brings intelligence and wit to this most ravishing of subjects. There was the patriotic impact of English Lavender during World War I and perfumes that captured the Egyptomania of the 1920s. Estée Lauder created Youth Dew and with it distilled the essence of 1950s suburbia. Patchouli oil, the anti-perfume of the 1960s, was sure to keep money out of the hands of corporations and the man. And who could forget the fervor created by the grunge androgyny of CK One? Scent is truly the passport to memory, making *Perfume* both a lush treat and an insightful examination of the twentieth century through the most mysterious of the five senses.

Wild Beauty Jana Blankenship, 2019-07-23 An inspiring and easy-to-use primer on natural beauty featuring 45 recipes for using essential oils to make your own perfumes and room sprays, lip balm, face and body oils, bath salts, juices, tonics, and more, including an overview of important plant ingredients, the benefits of detoxing your beauty regimen, and tips for creating a cleaner self-care routine. Just like chemical additives in our food, synthetic ingredients in our hair and skin care can wreak havoc with our bodies. Luckily, there's no need to compromise: luxurious, effective skin and hair care for safety. From a leader in the world of natural beauty, *Wild Beauty* is an inspiring and highly usable guide to harnessing the miraculous power of plants to make your own face oils, body balms, hairspray, bath salts, and more. Jana Blankenship, founder of the popular beauty company Captain Blankenship, believes that organic beauty products create a direct link with nature, and ingredients like cold-pressed organic plant oils, flowers, seaweeds, sea salt, and organic essential oils not only conjure the natural world but are highly beneficial for our skin, body, hair, and senses. *Wild Beauty* also shows you how to create powerful essential oil blends, the building blocks to effective skin and hair care that can be used on their own to relieve headaches and tension, elevate mood, or be worn as natural perfumes. With gorgeous photographs and tips on creating a meaningful self-care regimen, this is the only book you need for true holistic beauty.

The Routledge History of the Senses Andrew Kettler, Will Tullett, 2025-06-26 *The Routledge History of the Senses* presents readers with an overview of the field. As well as pointing to directions for the future of the discipline, it illustrates the extent to which the subject offers a considerable space for the exploration of diverse historical topics through the lens of sensory experience. The handbook brings together essays and case studies from some of the leading academics on the history of the senses. Together, they not only chart topics and arguments in existing scholarship but introduce fresh methodologies for future analyses. Specifically, the chapters collectively show that the senses of the historical body often portray the intensity of the invasion of capital upon the functions of the mind throughout global history. As a global history, this work arrives at a time when many sensory historians are looking for a touchstone for moving beyond the often heavily Western frameworks that dominate the existing literature on the historical senses. Not only will this book appeal to students and scholars of the history of senses, visual studies, art history,

food studies and many of the social sciences but individual chapters also offer useful reading material for a wide range of history modules and contemporary topics

The Secret Life of Ants Barrett Williams, ChatGPT, 2025-03-21

Delve into the mesmerizing world beneath our feet with *The Secret Life of Ants* an eye opening journey into the hidden universe of these extraordinary creatures This compelling eBook unravels the intricate lives of ants challenging everything you thought you knew about the tiny architects of nature Begin your exploration with the enigmatic architects of the subterranean world unveiling the secrets buried beneath the ground in their invisible empire Discover the hidden hierarchy that defines ant societies from the reigning queens to their diligent workers and formidable soldiers each playing a vital role in the colony's survival Journey through the darkness as you learn about ants ingenious communication methods from chemical signals to sophisticated sensory systems Marvel at their nest building prowess where expert excavation and structural engineering meet to create stable thriving environments Uncover the strategic brilliance of ants in Chapters 5 and 6 where you'll be amazed by their foraging tactics food storage solutions and symbiotic relationships with other species including fungi and insects Explore the formidable defense mechanisms these colonies employ to fend off threats ensuring their survival against all odds As you turn the pages delve deeper into the underground lifecycle of these remarkable insects understanding the crucial role pheromones play from egg to mature ant Learn how ants regulate their climate maintain ventilation and even contribute to ecological balance by enriching the soil they inhabit But it's not all smooth sailing discover the threats these tiny titans face from natural predators and parasites to the impacts of human activities Arm yourself with fascinating facts evolutionary insights and record breaking feats that will transform your perception of these underappreciated creatures *The Secret Life of Ants* is not just a book it's a passport to a world of wonder offering both casual readers and ant enthusiasts an extraordinary glimpse into the intricate life of one of nature's most prolific engineers Engage with the mysteries of the subterranean realm and prepare to see ants in a whole new light

Unveiling the Magic of Words: A Review of "**Fragrant The Secret Life Of Scent**"

In a global defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their power to kindle emotions, provoke contemplation, and ignite transformative change is actually awe-inspiring. Enter the realm of "**Fragrant The Secret Life Of Scent**," a mesmerizing literary masterpiece penned with a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve in to the book is central themes, examine its distinctive writing style, and assess its profound effect on the souls of its readers.

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Fragrant The Secret Life Of Scent Introduction

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