

Chapter 1
Topic: Nervous System
Structure & Function
What are the general parts of your brain? (List 4 things: 1. Cerebrum 2)

1. Cerebrum: Controls thought, feeling, and voluntary movement. Divided into 2 halves: left and right. Left hemisphere controls right side of body, right hemisphere controls left side of body. Controls the act of growing, feeling, thinking, and the body's physical and emotional reactions.

2. Is your cerebellum able to get information signals from its partners?

Yes, the cerebellum receives information signals from the cerebrum and sends it back.

3. What are the main parts of the brain? (List 4 things: 1. Cerebrum 2. Cerebellum 3. Brainstem 4. Spinal Cord) The brain is made up of the cerebrum, cerebellum, brainstem, and spinal cord. The cerebrum is the largest part of the brain.

Foundations Of Personal Fitness Chapter 1 Review

Answer Key

Guillaume Favre



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