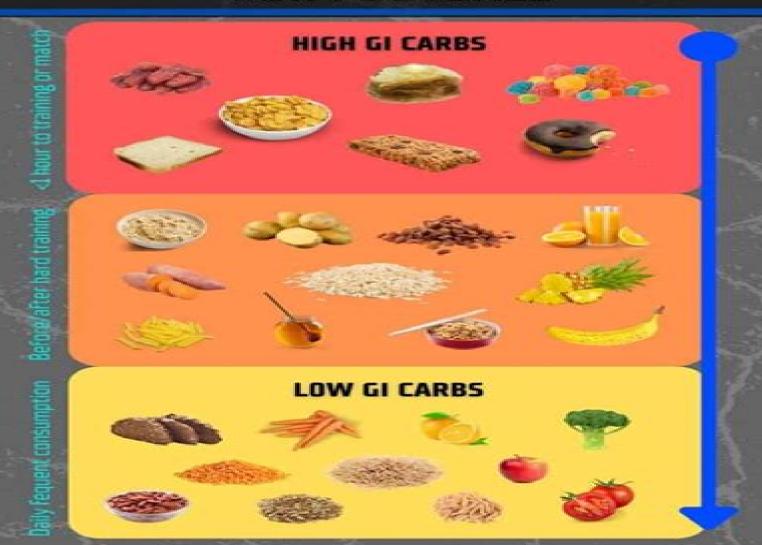
# CARBOHYDRATE SOURCES FOR FOOTBALL



GI values differ based on the source of information. These tables use different sources and in some cases average from different sources.



# **High Carb Recipe For Football Players**

Xiaolong Qi

**High Carb Recipe For Football Players:** 

Immerse yourself in heartwarming tales of love and emotion with is touching creation, **High Carb Recipe For Football Players**. This emotionally charged ebook, available for download in a PDF format ( PDF Size: \*), is a celebration of love in all its forms. Download now and let the warmth of these stories envelop your heart.

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