

Chapter 11

Middle Adulthood: Ages 40 through 65

Physical Changes During Middle Adulthood

Activity A

Chapter 11

Name _____

Date _____ Period _____

Complete the table by listing changes that may occur during middle adulthood. In the first two rows, list any physical changes specific to men or women.

Men	
Women	
Sensory skills	
Muscle mass and bone density	
Health concerns	

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Holly Berry Irving



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Nutrition Education Materials Holly Berry Irving,1987 Shellfish Culture, 1979-1986 Deborah T. Hanfman,1987
The New School Shop, Tech Directions ,1989 Quick Bibliography Series ,1976 **American Vocational Journal**
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Student Activities A Final Test with Multiple Choice Questions Short Answer Questions Essay Questions Quizzes Homework
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and projects will help you evaluate how well the students have grasped the material Also listed are the Common Core Anchor
Standards that are specifically connected to the unit plan As you may find the lessons touch upon many more strands of the
Common Core the Anchor Standards listed are the ones directly addressed in the unit plan **49 QUESTIONS AND**
ANSWERS , END OF CHAPTER QUESTIONS SOLUTIONS (PART II). ,2003 **Great Expectations Notes** Cliffs Notes,
Inc,1959

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