

Kashi

7 Whole
Grain Pilaf

Kashi



7 Whole Grain Pilaf

Whole Grain & Sesame



6g
Protein

5g
Fiber

100%
Whole Grain

3-8.5 OZ (184g) PACKETS

NET WT 19.5 OZ (1 LB 3.5 OZ) (553g)

Kashi 7 Whole Grain Pilaf Recipe

Christian Drosten



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