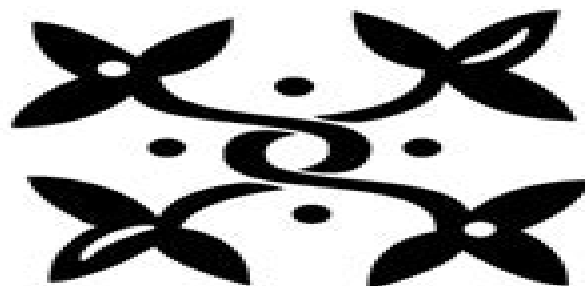


Dialectical Behavior Therapy

Skills Handbook



Fulton State Hospital
January, 2004

Adapted for use from Linehan, M.M. (1993). Skills Training Manual for Treating Borderline Personality Disorder. New York: Guilford Press.

Fulton State Hospital Dbt Manual

Marcel A. Müller



Fulton State Hospital Dbt Manual:

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