

HEALTH ASSESSMENT LEC

INTEGUMENTARY SYSTEM

WEEK 5 || MARCH 2021
JOHANNIE FLORENCE LEGASPI

- Risk for skin cancer
- Need for health promotion education regarding skin

COMMON SYMPTOMS	COMMON SYMPTOMS
Rash	Lesions
Nonhealing lesions	Bruising (ecchymosis)
Moles	Hair loss
Growths	Nail changes

PAST HISTORY

- Skin diseases
- Diabetes or peripheral vascular disease
- Allergies or food sensitivities
- Burns or sunburns
- Corticosteroid medications
- Medication use
- Immunization record

FAMILY HISTORY

- Same or similar symptoms
- Skin diseases
- Allergies

LIFESTYLE AND PERSONAL HABITS

- Bathing and shampooing routines
- Change of products
- Wear false nails or wigs
- Go to nail salon r gym
- Sun exposure
- Skin self-examination
- Exposure to chemicals or radiation
- Diet

PHYSICAL EXAMINATION OF SKIN

- Use natural or artificial light that resembles it
- Ensure patient is properly draped
- Inspect and palpate

COLOR

- Look for increased pigmentation, loss of pigmentation, or redness of skin
- Assess for cyanosis or pallor
- Assess for jaundice

SKIN COLOR CHANGES

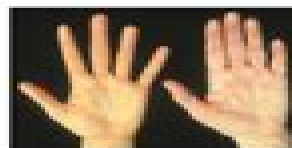
Cyanosis



Erythema



Carotenemia



Jaundice



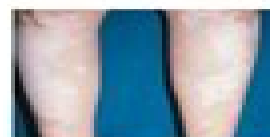
Café-Au-Lait spot



Acanthosis nigricans



Vitiligo



Jarvis Health Assessment Study Guide Integumentary

Minjie Lin



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