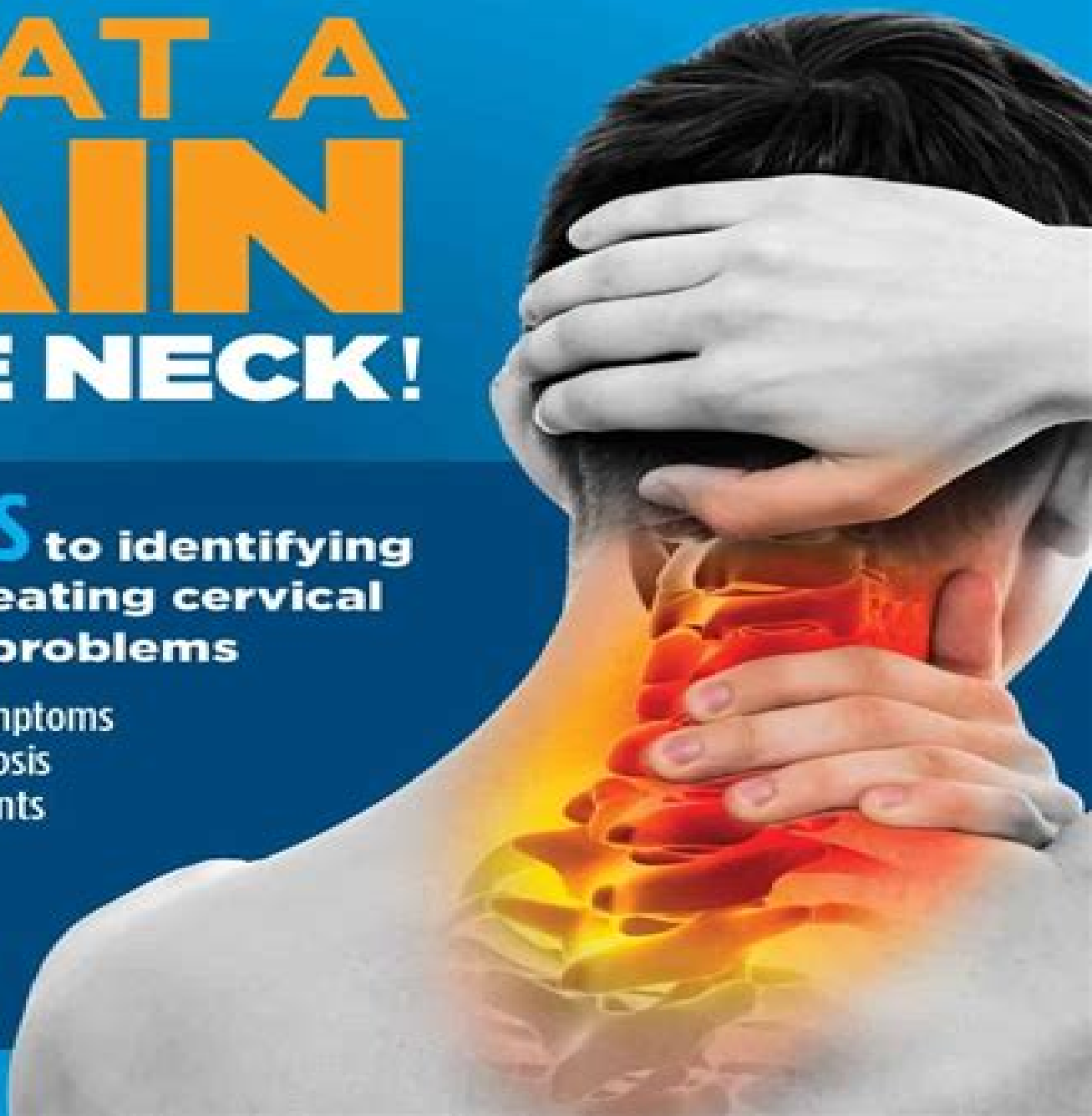


WHAT A **PAIN** IN THE NECK!

5 **STEPS** to identifying and treating cervical spine problems

1. Recognize Serious Symptoms
2. Obtain Medical Diagnosis
3. Conservative Treatments
4. Pain Management
Procedures
5. Minimally Invasive or
Traditional Surgery



How S The Pain

Camilla Rothe



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