

MENSTRUAL CYCLE LAB

GRAPHING REPRODUCTIVE HORMONES



Class _____ Date _____

Reproductive Hormones: Menstrual Cycle Lab

Introduction: All sexually mature female mammals undergo a process to allow them to reproduce, or known as a menstrual cycle in humans. The menstrual cycle occurs in many phases, beginning with menstruation. Menstruation is when the endometrium (lining of the uterus) leaves the body. This is followed by the endometrium rebuilding again. At the same time, a follicle starts maturing in the ovary. Around day 14, ovulation takes place which is when an egg is released from one of the ovaries. What happens next is determined whether or not the egg is fertilized.

Pre-Lab Questions:

1.) Since humans are sexually reproducing species, they need to make gametes. What are gametes? How are they different from body cells?

2.) In what structure do human females make their gametes? What are these gametes called?

3.) Predict why there is a cycle to control the maturation and release of eggs in humans.

**LH, FSH,
Estrogen and
Progesterone**



Human Menstrual Cycle Lab 31 Answers

DP Hallahan



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