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Le cheval coach :
quand le corps parle

Lucien LEMAIRE



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Hippocoaching Le Cheval Coach Quand Le Corps Parle

**Guillaume Antoine, Laure
Soulage, Stéphane Wattinne**



Hippocoaching Le Cheval Coach Quand Le Corps Parle:

Hippocoaching Lucien Lemaire, 2015-05-13 Le cheval coach quand le corps parle Stress souffrance au travail absence de sens on n'en finit pas d'grener la litanie des maux grands et petits qui nous accablent Nous touffons alors comment nous redonner cet espace suffisant pour reprendre souffle Avec notre corps Celui que je perçois que je ressens et celui que j'habite plus ou moins Ce corps je peux l'engager seul ou bien dans la relation avec une autre altérité l'animal c'est l'ouverture l'hippocoaching Parce que trop de méthodes de coaching fleurissent l'auteur propose de remettre la personne dans sa globalité au centre de la relation d'aide Comment mettre en œuvre une démarche de coaching consécutive cohérente en mobilisant le corps travers diverses disciplines de la bioénergétique aux arts gestuels japonais des arts martiaux aux pratiques questres Voilà l'enjeu de ce livre qui concerne tous les coachs

Le cheval coach - L'équicoaching : une expérience transformante Guillaume Antoine, Laure Soulage, Stéphane Wattinne, 2020-09-09 Et si vous vous laissiez coacher par un cheval Doué d'une sensibilité hors du commun celui-ci est capable de ressentir votre réalité motionnelle et de vous la renvoyer comme dans un miroir grossissant mais sans aucun jugement dans l'instant présent Et avec quelque 500 kg vous êtes cette réalité là devant se trouvera soudainement augmentée De la fonction utilitaire qui lui était jusqu'alors dévolue le cheval est devenu un guide pour permettre l'homme de s'interroger sur ses propres modes de fonctionnement Serait-ce l'une de ses nouvelles missions sociales Par ses qualités intrinsèques et ses compétences d'organisation sociale le cheval est un concentré d'intelligence motionnelle et de leadership ses capacités partent la recherche de vos talents insoupçonnés et encore inexploités Tout comme ce livre a écrit trois plumes l'équicoaching est un processus trois le cheval le client et l'équicoach Entrez dans les arcanes de la triade pour en comprendre les enjeux les règles et les secrets Que vous soyez dirigeant manager DRH coach ou curieux de vous-même vous découvrirez cette pratique innovante et ce qu'elle peut vous apporter grâce aux nombreux témoignages des auteurs

Le coaching facilité par le cheval Agnès Soulet de Brugière, 2016-10-12

Hippocoaching Le Cheval Coach Quand Le Corps Parle Book Review: Unveiling the Power of Words

In some sort of driven by information and connectivity, the energy of words has are more evident than ever. They have the capability to inspire, provoke, and ignite change. Such is the essence of the book **Hippocoaching Le Cheval Coach Quand Le Corps Parle**, a literary masterpiece that delves deep into the significance of words and their impact on our lives. Published by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we shall explore the book is key themes, examine its writing style, and analyze its overall impact on readers.

<https://staging.conocer.cide.edu/files/scholarship/HomePages/Little%20Of%20Healthy%20Teas.pdf>

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Hippocoaching Le Cheval Coach Quand Le Corps Parle Introduction

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