

CASE STUDY TEMPLATE

What is a case study?

A case study is an individual's story. It tells the reader how Save the Children's work has made a difference in the life of a child or his/her family.

1. Background: Please provide basic information about the interviewee(s).

Name(s), gender, age:	Mama Amina a Female aged 25 years
Location – village/town, district/province and country:	Mama Amina is a resident of Arbanqeramso location of wajir east constituency in Wajir County Northern Kenya.
Keywords – themes:	BEHAVIOUR CHANGE COMMUNICATION

2. Summary: Please describe the interviewee's day-to-day life and environment.

Amina hails from a very insolvent family which has put them in an abject situation and the kind of life they are living can't be compared to that of their neighbours since they never owned a source of wealth. She came to settle in Arbaqheramso in 2011 during the prolonged Horn of Africa drought that swept away their livestock. Her husband is a small scale herder and most of the time is absent from home looking after other people's shoats. They live in a small makeshift home.

3. The story: Interviewee's story in his or her own words. Please use exact words with direct quotes.

Amina who is a mother of two boys and one girl, is among the beneficiaries of the County Department of Health (CDH) and Save the Children Health and Nutrition integrated interventions as well as a member of a Mother to Mother Support Group (MTMSG) who has attended several health and nutrition promotion sessions and short trainings such as Participatory Hygiene and sanitation transformation (PHAST), Community Led Total sanitation (CLTS) and others that stimulated her mind to realize the importance of hygiene and sanitation as a preventive measure. She said, "I have been part of the communities triggered by Sub-County public health officers together with Save the Children staff and I feel that there is need to change." She said, "Our source of water is a shallow well and when it rains it usually floods and fills with water to the brim. However, we have been consuming the water without boiling thus our children and us becomes sick due to unhygienic conditions. My gratitude goes to Save the Children and the Health Department who have used their time and resources to empower us at the grass root level." Immediately after CLTS triggering in October 2014, Amina started to construct a pit latrine in her compound as she vowed never to go back to open defecation. On the completion of the latrine Amina welcomed her neighbours to share with her with no string attached to it but exhort them to construct one to elude slavery and advocate for Open Defaecation Free environment (ODF).

"Hooran kathitha ayaan isku ceelin jiray muusqull laan awgeed ,gumeerka ayaana eehanunu jiray waxana kacabsan jiray cuuthur kathitha xageed inn uu igudacaa lakkiin xada waan reystay maarkan musqushi distaay" Amina retorts. ("Used to retain urine in my bladder for long hours due to lack of toilet and I had put myself in the risk of getting Urinary Tract Infections(UTIs) but now I am relieved since I own a personal latrine" she also said that *'Niin cessantisa ayaa ceelgeysa'*" It is only your belongings that can quench your thirst")



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