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web jan 21 2016 basketball rules changes 2015 16 by nfhs on january 21 2016 basketball share print 10 6 12 the following acts constitute a foul when committed against a ball handler dribbler a player becomes a ball handler when he she receives the ball this would include a player in a post position a placing two hands on the player b

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web may 12 2020 basketball rules changes 2020 21 by nfhs on may 12 2020 basketball share print 2 12 5 the intent of the rule change is to avoid gamesmanship and ensure the time for replacement remains within the rules this rule change makes 2 12 5 consistent with 2 12 4 second horn requirement

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web uniform jerseys must comply with the rules listed in 3 4 3 5 and 3 6 the rules are concise and clear regarding what is and is not permissible on the jersey an nfhs basketball uniform guide was created to illustrate the proper uniform design graphically that document and an animated presentation can be found on the nfhs website uniforms

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web may 19 2023 this change to rule 4 8 1 eliminates the one and one scenario and sets new foul limits each quarter for awarding the bonus free throw rules changes were approved by the national federation of state high school associations nfhs basketball rules committee at its annual meeting april 24 26 in indianapolis the

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web may 15 2023 the fayetteville observer free throw and foul situations in high school basketball will look different for the 2023 24 season the one and one free throw has been eliminated and foul limits

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web page 77 2023 24 nfhs basketball rules comments on the 2023 24 rules changes 2 1 3 note easily comply with the rules schools can now allow teammates to wear black undershirts mistake before the first dead ball after the ball becomes live unless there is a change of possession provides an appropriate amount of time to