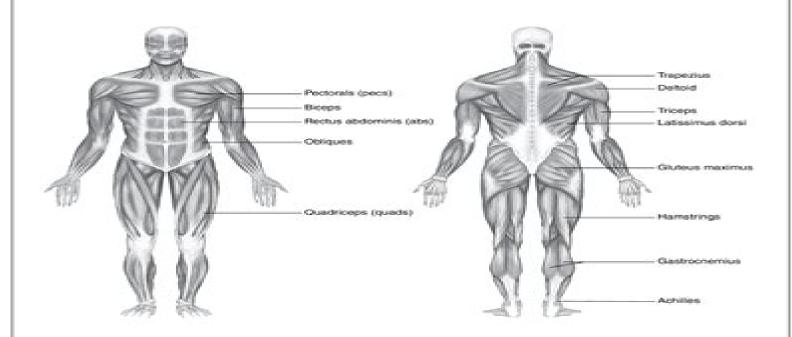
# **Muscle Groups Diagram**



Activity 4.8 Musicle Groups Diagram

From NASPE, 2011, Physical Box activity guide Middle and high school levels, 3nd edition (Champaign, IL: Human Kinetics).

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**Lei Huang** 

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