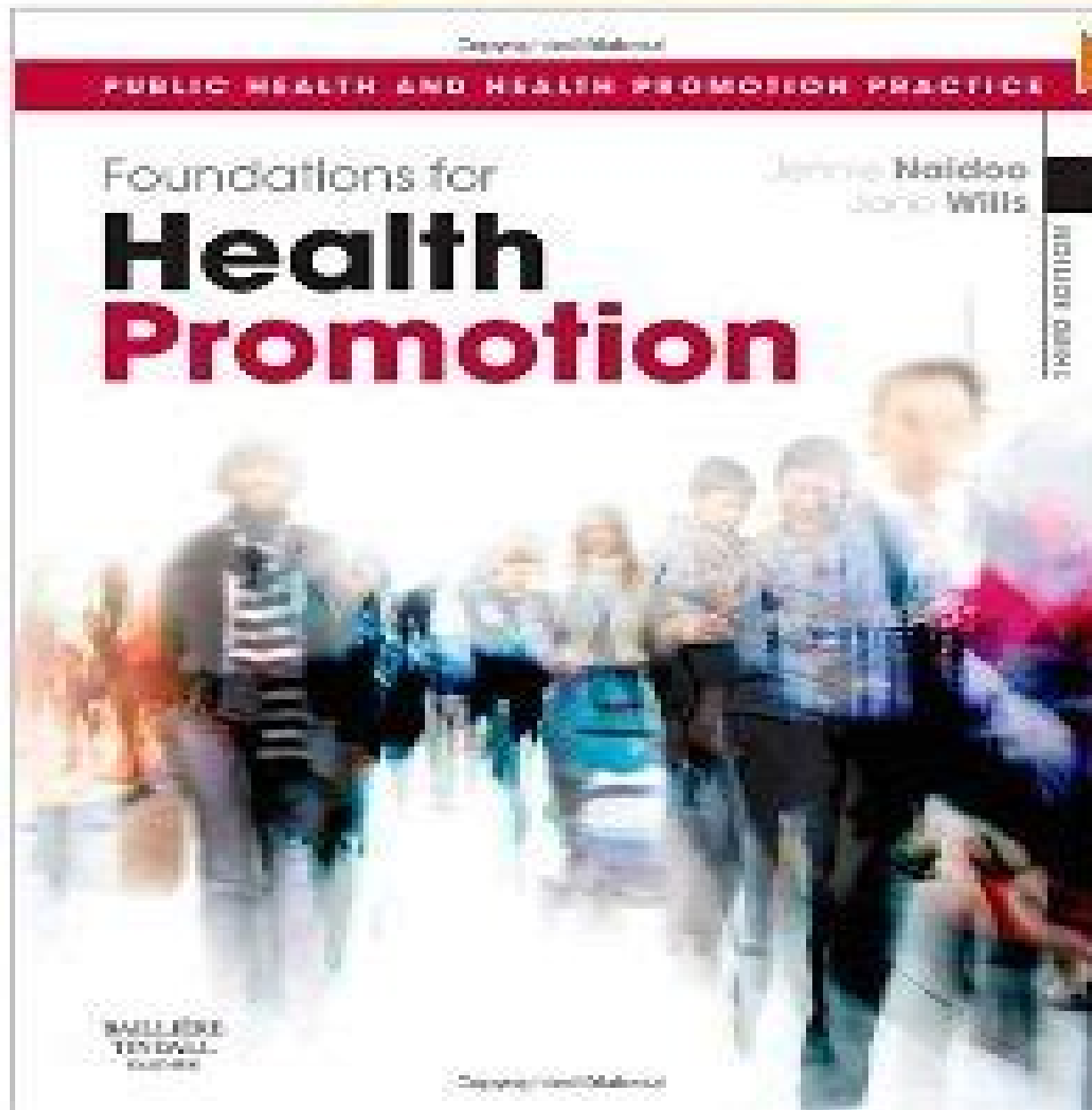


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Foundations For Health Promotion By Naidoo 3rd Edition

**Elizabeth Rasheed, Alison
Hetherington, Linda Wyatt**



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excellent introductory text for student nurses written in a clear and illuminative style Lecturer Adult Nursing *Health Promotion in Midwifery* Jan Bowden, Vicky Manning, 2016-11-25 *Health Promotion in Midwifery* explores the principles of health promotion within the practical context of midwifery It clearly outlines and discusses the midwife's role in health promotion linking theory and practice The third edition of this evidence based text covers essential topics such as breastfeeding smoking mental health behaviour change and sexual health promotion and includes new chapters on healthy eating in pregnancy pelvic floor health during the childbearing years and violence against women All the chapters are updated and some are completely rewritten to reflect recent changes and developments in midwifery practice Text boxes make the text accessible and user friendly and case studies and summaries put the material in practical context Additional readings encourage readers to further research and reflection on their own practice This textbook is essential reading for midwives and health visitors in education and practice

Communicating Health Nova Corcoran, 2007-05-14 This text will be extremely useful for students on a range of health related courses as well as practitioners in the health field The application of theory to practice is particularly well presented Ruth Cross Senior Lecturer in Public Health and Health Promotion Leeds Metropolitan University Why is communication important in health How can good health and well being be promoted to the public How can these communication skills be improved Effective health communication is a critical aspect of healthcare at both the individual and wider public level Health practitioners are frequently involved in the design planning implementation and evaluation of programmes campaigns or policies in their work This engaging new textbook explores current research and practice in the field and examines the knowledge and skills needed by health practitioners to promote and improve the health of the population The book opens the debate around communication and health and the design of programmes to promote health and thus moves closer to achieving fundamental health promotion goals The book bridges the gap between communication theory and the implementation of policy contains practical advice for designing effective campaigns covers key topics such as health promotion theories and models communicating with the wider public communication in traditional and non traditional settings the role of the mass media and information technologies evidence based practice and methods of evaluation *Communicating Health* will be essential reading for students needing to understand the factors that contribute to effective communication in health It provides a detailed and up to date overview drawing upon material from several health related disciplines including public health health studies and nursing It will also be invaluable for health care professionals involved in public health who wish to reflect upon and develop their practice Nova Corcoran works as a Senior Lecturer in Health Promotion and Public Health at the University of East London She has a background in Health Promotion work in particular the planning design and delivery of health campaigns and programmes

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