

Head-To-Toe-Assessment

→
Inspect
Palpate
Percuss
Auscultate

INTRODUCTION

- Knock
- Introduce yourself
- Wash hands
- Provide privacy
- Verify patient ID and DOB
- Explain what you are doing (using non-medical language)

ORIENTATION

- What is your name?
- Do you know where you are?
- Do you know what month it is?
- Who is the current U.S. president?
- What are you doing here?
- *A&O X4 = Oriented to Person, Place, Time, and Situation*

"NORMAL" VITAL SIGNS

- **Pulse:** 60-100 bpm
- **Blood Pressure:** 120/80 mmHg
- **O2 Saturation:** 95-100%
- **Temperature:** 97.8-99.1°F
- **Respirations:** 12-20 breaths per min

Assess pain on a 0-10 scale

HEAD & FACE

Head

- Inspect head/scalp/hair
- Palpate head/scalp/hair

Face

- Inspect
- Check for symmetry:
 - To assess **Cranial Nerve 7**, check the following:
 - Raise eyebrows
 - Smile
 - Frown
 - Show teeth
 - Puff out cheeks
 - Tightly close eyes

Eyes

- Inspects external eye structures
- Inspect color of conjunctiva and sclera
- **PERRLA**
 - **P**upils **E**qual, **R**ound, **R**eactive to **L**ight, & **A**ccommodation

NECK, CHEST (LUNGS), & HEART

Neck

- Inspect and palpate
- Palpate carotid pulse
- Check skin/tender (under clavicles)

Posterior Chest

- Inspect
- Auscultate lung sounds in posterior and lateral chest
 - Note any crackles or diminished breath sounds

Anterior Chest

- Inspect:
 - Use of accessory muscles
 - AP to transverse diameter
 - Sternum configuration
- Palpate: symmetric expansion
- Auscultate lung sounds - anterior and lateral
 - Note any crackles or diminished breath sounds

Heart

- Auscultate heart sounds (A, P, E, T, M) with diaphragm and bell
 - Note any murmurs, wheezing, bruits, or muffled heart sounds

Example Head To Toe Nursing Assessment Guide

Annelies Wilder-Smith



Example Head To Toe Nursing Assessment Guide:

Nurse's Handbook of Health Assessment Janet R Weber, RN Edd, 2013-11-18 Renowned for its holistic perspective and step by step approach this pocket size text takes you through every stage of the nursing assessment for adults and special populations The book s see and do guidance provides all that you need to perform a range of common assessment procedures with confidence

Fundamentals of Nursing Care Marti A Burton, Linda J May Ludwig, 2014-10-10 Take a fresh new approach to nursing fundamentals that teaches students how to think learn and do while they make the connections each step of the way

Foundations and Adult Health Nursing Kim Cooper, RN, MSN, Kelly Gosnell, RN, MSN, 2014-08-25 An all inclusive guide to fundamentals and medical surgical nursing for the LPN LVN Foundations and Adult Health Nursing 7th Edition covers the skills you need for clinical practice from anatomy and physiology to nursing interventions and maternity neonatal pediatric geriatric mental health and community health care Guidelines for patient care are presented within the framework of the five step nursing process Nursing Care Plans are described within a case study format to help you develop skills in clinical decision making Written by Kim Cooper and Kelly Gosnell this text includes all of the content from their Foundations of Nursing and Adult Health Nursing books including review questions to help you prepare for the NCLEX PN examination Full color step by step instructions for over 100 skills show nursing techniques and procedures along with rationales for each The 5 step Nursing Process connects specific disorders to patient care with a summary at the end of each chapter Nursing Care Plans emphasize patient goals and outcomes within a case study format and promotes clinical decision making with critical thinking questions at the end of each care plan Clear coverage of essential A P is provided by an Introduction to Anatomy and Physiology chapter along with an overview of A P in all body systems chapters Student friendly features enhance the learning of nursing skills with summary boxes for Patient Teaching Health Promotion Considerations Complementary and Alternative Therapy Cultural Considerations Older Adult Considerations Home Care Considerations Safety Alert and Prioritization Assignment and Supervision UNIQUE Mathematics review in Dosage Calculation and Medication Administration chapter covers basic arithmetic skills prior to the discussion of medication administration A focus on preparing for the NCLEX examination includes review questions and Get Ready for the NCLEX Examination sections with key points organized by NCLEX Client Needs Categories Evidence Based Practice boxes provide synopses of nursing research articles and other scientific articles applicable to nursing along with nursing implications for the LPN LVN Nursing Diagnosis boxes summarize nursing diagnoses for specific disorders along with the appropriate nursing interventions UNIQUE Delegation Considerations boxes provide parameters for delegation to nurse assistants patient care technicians and unlicensed assistive personnel Medication Therapy tables provide quick access to actions dosages precautions and nursing considerations for commonly used drugs NEW Reorganized chapters make it easier to follow and understand the material NEW Icons in page margins indicate videos audios and animations on the Evolve companion website that may be accessed

for enhanced learning UPDATED illustrations include photographs of common nursing skills Foundations of Nursing - E-Book Kim Cooper,Kelly Gosnell,2014-07-24 NEW Reorganized chapters make it easier to follow and understand the material NEW Icons in page margins indicate videos audios and animations on the Evolve companion website that may be accessed for enhanced learning UPDATED illustrations include photographs of common nursing skills **Foundations and Adult Health Nursing - E-Book** Kim Cooper,Kelly Gosnell,2014-10-01 An all inclusive guide to fundamentals and medical surgical nursing for the LPN LVN Foundations and Adult Health Nursing 7th Edition covers the skills you need for clinical practice from anatomy and physiology to nursing interventions and maternity neonatal pediatric geriatric mental health and community health care Guidelines for patient care are presented within the framework of the five step nursing process Nursing Care Plans are described within a case study format to help you develop skills in clinical decision making Written by Kim Cooper and Kelly Gosnell this text includes all of the content from their Foundations of Nursing and Adult Health Nursing books including review questions to help you prepare for the NCLEX PN examination Full color step by step instructions for over 100 skills show nursing techniques and procedures along with rationales for each The 5 step Nursing Process connects specific disorders to patient care with a summary at the end of each chapter Nursing Care Plans emphasize patient goals and outcomes within a case study format and promotes clinical decision making with critical thinking questions at the end of each care plan Clear coverage of essential A P is provided by an Introduction to Anatomy and Physiology chapter along with an overview of A P in all body systems chapters Student friendly features enhance the learning of nursing skills with summary boxes for Patient Teaching Health Promotion Considerations Complementary and Alternative Therapy Cultural Considerations Older Adult Considerations Home Care Considerations Safety Alert and Prioritization Assignment and Supervision UNIQUE Mathematics review in Dosage Calculation and Medication Administration chapter covers basic arithmetic skills prior to the discussion of medication administration A focus on preparing for the NCLEX examination includes review questions and Get Ready for the NCLEX Examination sections with key points organized by NCLEX Client Needs Categories Evidence Based Practice boxes provide synopses of nursing research articles and other scientific articles applicable to nursing along with nursing implications for the LPN LVN Nursing Diagnosis boxes summarize nursing diagnoses for specific disorders along with the appropriate nursing interventions UNIQUE Delegation Considerations boxes provide parameters for delegation to nurse assistants patient care technicians and unlicensed assistive personnel Medication Therapy tables provide quick access to actions dosages precautions and nursing considerations for commonly used drugs NEW Reorganized chapters make it easier to follow and understand the material NEW Icons in page margins indicate videos audios and animations on the Evolve companion website that may be accessed for enhanced learning UPDATED illustrations include photographs of common nursing skills Children and Young People's Nursing Skills at a Glance Elizabeth Gormley-Fleming,Deborah Martin,2018-02-15 Children and Young People s Nursing Skills at a Glance is the perfect

companion for study and revision for pre registration children s nursing students Highly visual each clinical skill is covered in a two page spread with superb colour illustrations accompanied by clear informative text Providing up to date evidence based information on a wide range of clinical skills that are required by today s children s nurses this comprehensive and accessible text makes it easy for the reader to grasp the fundamentals in order to meet the care needs of the child and family both in the hospital and community setting Structured around the key systems of the body the book is divided into sixteen sections and covers all the essential clinical skills including Principles of assessment Communication Record keeping Drug calculations and administration Safeguarding Care planning Respiratory and cardiac care Gastrointestinal care ECG reading and interpretation Neurological assessment Musculoskeletal care Aimed at both student nurses and those newly qualified Children and Young People s Nursing Skills at a Glance provides need to know rapid information to ensure safe and effective clinical practice **A Guide to Mastery in Clinical Nursing** Joyce J. Fitzpatrick,Celeste M. Alfes,Ronald

Hickman,2017-12-28 Designed for both new registered nurses and nurses transitioning to a new clinical area this extensive clinical reference is the only resource to provide essential information on more than 300 topics from 11 specialty areas Concise and practical entries provide fundamental coverage of the most common clinical problems and issues encountered in nursing practice today Key leaders in clinical content areas authored content on emergency and critical care geriatric nursing health systems and health promotion medical surgical nursing neonatal nursing nurse anesthesia obstetrics and women s health palliative care perioperative nursing pediatric nursing and psychiatric mental health nursing Alphabetized for easy access each entry includes a definition and description of the clinical problem etiology nursing assessment related problems interventions nursing management and evaluation and safety considerations The Considerations section of each topic focuses on the role of the nurse throughout the treatment process and discusses the role of other health care providers with a focus on multidisciplinary treatment Intended primarily for university and hospital libraries A Guide to Mastery in Clinical Nursing will also be of value to nursing faculty undergraduate and graduate level nurses and nursing students at all levels Key Features Provides essential information on over 300 clinical topics from 11 specialty areas Offers key knowledge for nurses new to practice or working in an unfamiliar nursing area Presented in a consistent format for ease of use Includes an overview of each specialty area Focuses on the role of the nurse throughout the treatment process Written and edited by expert clinicians and educators in each clinical area Study Guide for Wong's Essentials of Pediatric Nursing - E-Book

Marilyn J. Hockenberry,Cheryl C Rodgers,David Wilson,2016-09-08 NEW Completely updated content matches the textbook and provides a comprehensive review of essential pediatric nursing concepts and skills **Mosby's Pocket Guide to Pediatric Assessment** Joyce K. Engel,2006-03-09 Extensively revised to reflect trends in pediatric nursing up to date techniques and current literature A new chapter on assessment of mental health addresses growing areas of concern including school phobia ADHD depression suicide anxiety and schizophrenia New tables provide quick reference to common

childhood symptoms i e fever diarrhea vomiting Updated coverage of immunizations U S and Canada includes information regarding relevance and normal timing of immunizations as well as most current published tables Nursing diagnoses have been updated throughout *Health Assessment in Nursing* Janet R. Weber, Jane H. Kelley, 2013-11-14 Innovative systematic and user friendly Health Assessment in Nursing has been acclaimed through four previous editions for the way it successfully helps RN level students develop the comprehensive knowledge base and expert nursing assessment skills necessary for accurate collection of client data Maintaining the text s hallmarks in depth accurate information a compelling Continuing Case Study and practical tools that help students develop the skills they need to collect both subjective and objective data the Fifth Edition now features an exciting array of new chapters a greater focus on diversity and health assessment through the lifespan over 150 new illustrations more than 300 new photos of actual registered nurses and nurse practitioners performing assessments and an expanded array of teaching and learning tools *Timby's Fundamental Nursing Skills and Concepts* Loretta A. Donnelly-Moreno, 2024-08-29 Timby s Fundamental Nursing Skills and Concepts 13th Edition is the foundational text and starting resource for novice nursing students serving as a guide through basic nursing theory and clinical skills acquisition Rooted in philosophical principles each chapter provides insights that underscore the essence of nursing fostering compassionate care and accountability Updated to address the challenges of today s healthcare landscape this edition ensures relevance in and out of the classroom Plus it features updated nursing diagnoses NCLEX style review questions and dynamic illustrations which will further aid students in mastering the art of nursing Illustrated Study Guide for the NCLEX-RN® Exam JoAnn Zerwekh, 2012-11-13 It s a fun visual review for the NCLEX Illustrated Study Guide for the NCLEX RN Exam 8th Edition covers all the nursing concepts and content found on the latest NCLEX RN examination A concise outline format makes studying easier and 2 300 NCLEX exam style review questions including alternate item formats are included to test your knowledge at the end of each chapter and on the Evolve companion website Written by NCLEX expert JoAnn Zerwekh this study guide uses colorful illustrations and mnemonic cartoons to help you remember key concepts for the NCLEX RN exam UNIQUE Mnemonic cartoons provide a fun easy way to review and remember key nursing concepts and disease processes UNIQUE The integrated systems approach incorporates pediatric adult and older adult lifespan considerations in each body system chapter UNIQUE Appendixes for each chapter summarize medications and nursing procedures for quick reference Electronic alternate item format questions on Evolve prepare you for the interactive question types on the computerized NCLEX examination including priority drag and drop and hot spot illustrated point and click questions Practice questions on the Evolve companion website are available in both study and quiz modes and separated by content area allowing you to create a customized review experience based on your personal study needs Answers and rationales for all review questions show why correct answers are right and incorrect options are wrong NEW 2 300 review questions are now included on the Evolve companion website Two NEW alternate item question types are added graphic

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Medical-surgical Nursing Joyce M. Black, Jane Hokanson Hawks, 2005 Each edition of Medical Surgical Nursing has not only covered new developments in nursing it has actively anticipated trends and advances The 7th edition keeps readers on the cutting edge with the very latest information on nursing practice It presents more detailed coverage of basic anatomy and physiology pathophysiology medical management and nursing care than any other book available Its focus on clinical outcome management emphasizes patient outcomes and makes the material understandable A completely new design integrates information in the book with web enhancements on the accompanying Evolve website such as online exercises

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