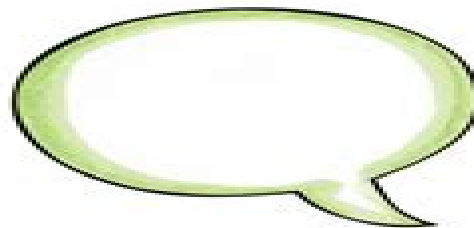


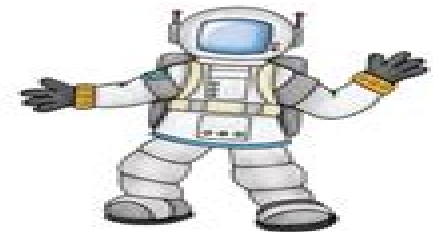
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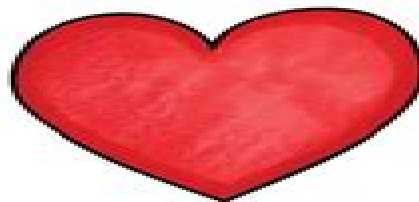
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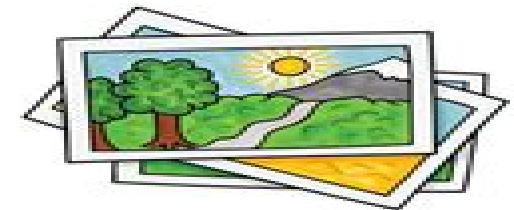
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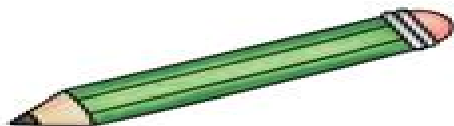
Do an emotions check-in



Make a gratitude list



Host a show-and-tell



Write self-compliments



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Introduce new activities

Fun Self Awareness Games

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