

Brief Study Sheet on Electrolytes

Electrolyte Imbalance	Etiology	Signs & Symptoms	Treatment
Hyperkalemia	kidney disease, burns, excessive dosage	cardiac irregularities, weakness, nausea, diarrhea, irritability	Admin K <sup>+</sup> free fluids, dialysis
Hypokalemia	diarrhea, vomiting, diuretics, inadequate intake	loss of muscle tone, vomiting, cardiac dysrhythmias, abdominal distention	Increase dietary intake, PO/IV replacement
Hypernatremia	diabetes insipidus, excess NaCL IV fld.	dry mucous membranes, oliguria	Low Na <sup>+</sup> diet, sodium free fld. intake
Hyponatremia	diuretics, diarrhea, GI suction, excess water intake	abdominal cramps, convulsions	NaCL IV fld. & tablets PO
Hypercalcemia	hyperparathyroidism, prolonged immobility, excess intake of vit. D/ Ca <sup>+</sup>	flank pain, deep bone pain, relaxed muscles	Correct primary problem, increase fld. intake
Hypocalcemia	removal of parathyroid glands, admin. electrolyte free IV flds.	tingling of extremities, tetany, cramps, convulsions	PO/IV replacement

\*Source: Mosby's Comprehensive Review of Nursing (16<sup>th</sup> ed.), Mosby, Inc.)

# Fluid Electrolyte Study Guides

**Marco Cascella**



## **Fluid Electrolyte Study Guides:**

## Decoding **Fluid Electrolyte Study Guides**: Revealing the Captivating Potential of Verbal Expression

In an era characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its ability to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Fluid Electrolyte Study Guides**," a mesmerizing literary creation penned by way of a celebrated wordsmith, readers embark on an enlightening odyssey, unraveling the intricate significance of language and its enduring affect our lives. In this appraisal, we shall explore the book is central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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