

— YOUR AMAZING — BRAIN INFOGRAPHIC

**SPEED
LIMIT**
**268
MPH**

Brain signals travel
at speeds between
1-268 miles per hour!



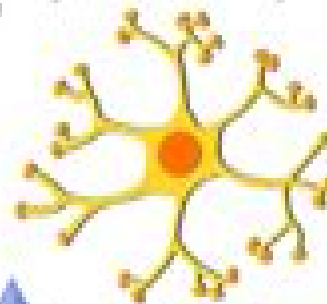
PAIN RECEPTORS



There are no pain receptors
in the brain, so it can't
feel pain. A headache
involves muscles and
nerves in your head

NEURAL CONNECTIONS

are made every time
you form a memory



OXYTOCIN

The brain chemical
which makes you
feel LOVE!

HEMISPHERES LEFT AND RIGHT BRAIN

LOGIC VS. CREATIVITY



BRAIN CELLS
**100 BILLION
NEURONS**

The neuron is the brain's
basic unit for processing
information.



**65,000 Thoughts
Every day**



In the average
adult, the brain
represents
2%
of the total
**BODY
WEIGHT**



**ENERGY
CONSUMPTION**
Your brain uses
20% of your
total energy



Your brain is more
active when you
are asleep. It is busy
processing everything
that has happened
during the day.

ENERGY
10-23 WATTS

When you are awake,
your brain generates enough
energy to power a light bulb!



25% OXYGEN

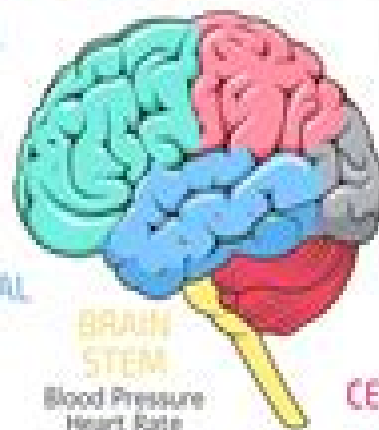
Your brain needs 1/4 of
all the oxygen used by
the body

FRONTAL LOBE

Intelligence
Memory
Movement

TEMPORAL LOBE

Behaviour
Hearing
Speech



BRAIN STEM

Blood Pressure
Heart Rate
Breathing
Swallowing

PARIETAL LOBE

Language
Reading
Sensation

OCCIPITAL LOBE

Vision

CEREBELLUM

Balance
Coordination



BRAIN FOOD

Eat oily fish, chocolate,
nuts, eggs and blueberries
to boost your brainpower



Facts Of Thinking A Brain Thing

Charles L. Dickens, MD



Facts Of Thinking A Brain Thing:

Facts Of Thinking A Brain Thing Book Review: Unveiling the Power of Words

In some sort of driven by information and connectivity, the ability of words has be much more evident than ever. They have the capacity to inspire, provoke, and ignite change. Such may be the essence of the book **Facts Of Thinking A Brain Thing**, a literary masterpiece that delves deep to the significance of words and their effect on our lives. Published by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we will explore the book is key themes, examine its writing style, and analyze its overall effect on readers.

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