

HESI Case Study: Hypertension

George's blood pressure reading is 189/110 mmHg. His LDL cholesterol reading is 200 mg/dL. He asks the student nurse if he should be concerned about his blood pressure.

How should the student nurse respond?

Please sit here quietly for a few minutes. I need to recheck your blood pressure.

George's blood pressure is high but may be temporarily elevated due to activity or stress. The blood pressure should be rechecked after the client rests for a few minutes.

What significant risk factors for hypertension does the student nurse identify for George, according to this health history?

Select all that apply.

What significant risk factors for hypertension does the student nurse identify for George, according to this health history?

Family history of diabetes.

Alcohol consumption.

Smoking.

Stress.

Caffeine intake.

Alcohol consumption.

Excessive alcohol intake is strongly associated with hypertension.

Smoking.

Tobacco use is a risk factor for hypertension.

Stress.

High levels of stress can lead to an increase in blood pressure.

According to the assessment of this client, which recommendation is most important for the student nurse to provide to George?

See his HCP as soon as possible within the next week for a BP recheck.

George's blood pressure is significantly elevated. Since these BP readings were obtained on the same day, George needs to see his HCP soon for a second BP measurement so that a diagnosis can be determined and treatment initiated.

Which is the best response the student nurse can give to the George about the urgent need to see his HCP?

While often there are no symptoms, high blood pressure does cause damage to many organs.

Hesi Case Study Answers

DJ Losen



Hesi Case Study Answers:

Whispering the Secrets of Language: An Psychological Journey through **Hesi Case Study Answers**

In a digitally-driven world where monitors reign great and instant interaction drowns out the subtleties of language, the profound techniques and emotional nuances hidden within phrases usually get unheard. However, set within the pages of **Hesi Case Study Answers** a interesting fictional prize sporting with raw emotions, lies an extraordinary journey waiting to be undertaken. Published by a skilled wordsmith, this enchanting opus invites viewers on an introspective journey, softly unraveling the veiled truths and profound impact resonating within ab muscles cloth of each word. Within the emotional depths of this poignant review, we will embark upon a sincere exploration of the book is key themes, dissect their charming publishing type, and yield to the strong resonance it evokes deep within the recesses of readers hearts.

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