

HEART RHYTHMS CHEAT SHEET

SINUS RHYTHMS

Criteria for sinus rhythm

Regularity	Always Regular
Heart Rate	60-100 bpm
P-wave	1 per QRS, all the same shape
PR interval	0.12 – 0.20 seconds (1 to 5 small boxes)
QRS-Complex	All the same shape >0.12 seconds (thick small boxes)

Criteria for sinus bradycardia

Regularity	Regular
Heart Rate	<60 bpm
P-wave	1 per QRS, all the same shape
PR interval	0.12 – 0.20 seconds
QRS-Complex	All the same shape >0.12 seconds

Criteria for tachycardia

Regularity	Always Regular
Heart Rate	> 100 bpm (maximum usually 160 bpm)
P-wave	1 per QRS, all the same shape
PR interval	0.12 – 0.20 seconds (1 to 5 small boxes)
QRS-Complex	All the same shape >0.12 seconds (thick small boxes)

VENTRICULAR RHYTHMS

Criteria for ventricular tachycardia

Regularity	Regular
Heart Rate	100-250 bpm
P-wave	If present, not related to QRS complex
PR interval	Not measurable
QRS-Complex	All the same shape, >0.12 sec (thick small boxes), wide and bizarre, with T-wave opposite deflection of QRS complex

Criteria for ventricular fibrillation

Regularity	Not measurable for regularity for irregularity
Heart Rate	0 bpm
P-wave	Not present
PR interval	Not measurable
QRS-Complex	Wavy baseline, no clearly identifiable QRS complexes

ATRIAL RHYTHMS

Criteria for atrial flutter

Regularity	Regular or irregular, determined by the conduction
Heart Rate	Atrial rate 250-350 bpm, no ventricular rate
P-Wave (F-wave)	All the same waves but can be distorted by T-waves or QRS
PR interval	Not measurable
QRS-Complex	All the same shape >0.12 seconds (thick small boxes)

Criteria for atrial fibrillation

Regularity	Irregularly irregular
Heart Rate	Variable any rate, atrial rate >100 bpm, frequently not measurable
P-Wave	Wavy baseline, if visible clearly not narrow spikes
PR interval	Not measurable
QRS-Complex	All the same shape >0.12 seconds (thick small boxes)

A-systole

Criteria for a-systole

Regularity	Not measurable, no identifiable waves or complexes
Heart Rate	0 bpm
P-wave	Not present, no true atrial rate
PR interval	Not measurable
QRS-Complex	None

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Interqual Cheat Sheet

Suzanne K. Powell



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