
Ellis Lifeguard Practice Test Questions & Answers(2024 Latest Update 2024)

True or false: ILTP-trained lifeguards are taught to anticipate, recognize, and manage aquatic emergencies. - ANSWER True

True or false: "Standard of care" means that individual lifeguards set the standard of care they plan on providing a guest. - ANSWER False

True or false: It is optional for lifeguards to wear sunscreen and sunglasses when working outside in sunny conditions - ANSWER False

True or false: Lifeguards perform well when evaluated because they perform well at all times on duty. - ANSWER True

Which of the following behaviors present a professional image while lifeguarding?

- A. Being punctual, protecting yourself from hazards, and maintaining your vigilance while on duty
- B. Getting a good night's rest, working as a team player, and wearing a proper uniform
- C. Having a whistle and hip pack, being properly hydrated, and being "test ready"
- D. All of the above - ANSWER D.

Which of the following is specifically designed to help protect you against infectious diseases when providing emergency care?

- A. Rescue tube
- B. Sunglasses
- C. Medical exam gloves
- D. Water bottle - ANSWER C.

The 10/20 Protection standard states that as a lifeguard you have _____ seconds to identify a GiD within your Zone of Protection area and _____ seconds to reach and render aid to a GiD once discovered. - ANSWER 10; 20

True or false: A lifeguard should utilize a single scanning pattern and never change it. - ANSWER False

True or false: Your supervisor may interrupt your 10/20 Protection standard of scanning if needed without having someone else cover your Zone of Protection area. - ANSWER False

True or false: A lifeguard can maintain the 10/20 Protection standard over a Zone of Protection while at the same time coaching a swim team. - ANSWER False

Ellis Lifeguard Study Guide Answers

National Learning Corporation

A red circular graphic with a gradient, appearing as a partial circle or a thick curved line, located to the right of the National Learning Corporation text.

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