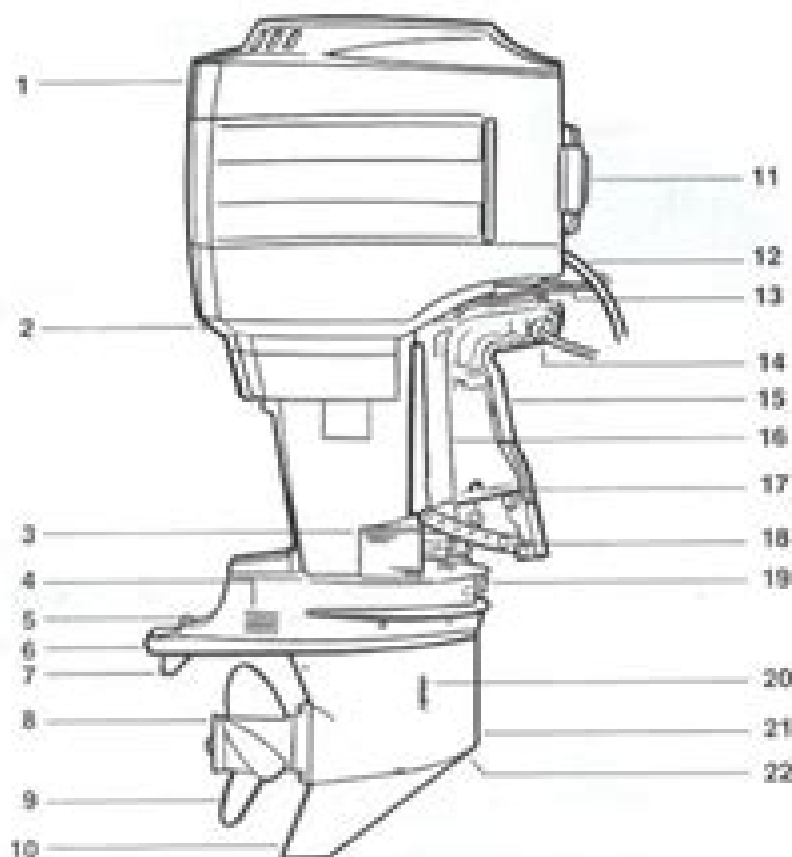




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|------------------------------|---|
| 1. Cowl Halves | 13. Steering Arm |
| 2. "Tail-Tale" Outlet | 14. Tilt Tube |
| 3. Drive Shaft Housing Mount | 15. Transom Mounting Bracket |
| 4. Water Discharge | 16. Serial Plate Location (Port Side) |
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| 7. Trim Tab | 19. Speedometer Tube |
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| 9. Propeller | 21. Speedometer Pickup |
| 10. Skag | 22. Gear Housing |
| 11. Cowl Latch | |
| 12. Wiring Harness | |

SPECIFICATIONS

MODEL	75	90
Horsepower	75	90
Propshaft Kilowatts ¹	55	67
Full Throttle RPM Range	4750-5250	5000-5500
Idle Speed	650-700 RPM (in Gear)	
Piston Displacement	71.12 Cu In. (1165.7cc)	
Bore	3.375 in. (85.7mm)	
Stroke	2.65 in. (67.3mm)	
Recommended Spark Plug	NGK-BLW - 2 or AC - V40FFK or Champion L78V (Use Champion QLT8V Where Radio Frequency Interference (RFI) Suppression is Required)	
Recommended Gasoline	Leaded or Unleaded (Lead-Free) Gasoline With a minimum posted octane rating of 87 (Research Octane Number 90)	
Recommended Oil	Quicksilver 2-Cycle Outboard Oil	
Battery Requirements	Minimum Reserve Capacity Rating of 100 Minutes and Cold Cranking Amperage of 350 Amperes	
Transom Height	Long Shaft - 20 in. (508mm) Extra Long Shaft - 25 in. (635mm)	

¹ Measured at the propshaft in accordance with ICOMMA 28.

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Thirumalaisamy P.
Velavancorresponding



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web paryska dieta nie jest chwilową nowinką to zupełnie nowe podejście do odchudzania a jednocześnie sposób na celebrowanie życia który pomoże uzyskać świetny wygląd i doskonałe samopoczucie doktor nauk medycznych jean michel cohen jest najsłynniejszym specjalistą ds żywienia we francji

dieta paryska skuteczne odchudzanie po francusku na czym - Dec 27 2022

web mar 7 2019 dieta paryska dzieli się na trzy podstawowe etapy przez które należy przebrnąć by cieszyć się zadowalającą nas wymarzoną wagą reklama faza cafe to faza będąca wstępem do diety właściwej powinna ona trwać maksymalnie 10 dni a jej zadaniem jest przygotowanie naszego organizmu do zbliżających się zmian

zasady kuracji odchudzającej dra cohen fitness - Jan 28 2023

web dieta paryska to dieta odchudzająca której autorem jest doktor jean michel cohen francuski specjalista do spraw żywienia to on określił dietę dukana mianem niebezpiecznej fantazji prowadzącej do problemów ze zdrowiem obejmuje ona 3 etapy odchudzania których przebycie zapewnia utratę masy ciała bez efektu jo jo po zakończeniu jej

składa się z 3 faz fazy cafe 50 sposobów na fit obiady - Feb 14 2022

web na czym polega dieta paryska dr cohen to dieta stworzona przez dr jeana michela cohen największego przeciwnika diety dukana ma pomóc w chudnięciu bez efektów ubocznych dowiedz się na czym polega dieta paryska i sprawdź czy jest skuteczna składa się z 3 faz fazy cafe bistro i gourmet na czym polega dieta paryska dr

paryska dieta cohen co można jeść poradnikzdrowie pl - Jul 02 2023

web 2019 10 10 15 18 paryska dieta dr cohen zawiera przepisy które zdaniem jej autora pozwalają skutecznie schudnąć bez efektu jojo podstawowa zasada tej diety jedzenie ma być smaczne obowiązuje zwłaszcza w trzeciej fazie fazy smakosza gourmet

dieta paryska dr cohen dietetycy org pl - Feb 26 2023

web aug 15 2013 dieta paryska składa się z trzech faz które należy dopasować do swoich potrzeb i można je skrócić bądź wydłużyć kuracja rozpoczyna się od nieobowiązkowej fazy cafe ta trwająca do 10 dni faza wzbogacona jest o szereg napojów zup koktajli

dieta paryska moje doświadczenia - May 20 2022

web dieta stworzona została przez dr jeana michela coheną dobrze znanego miłośnikom dukana w ogromnym uproszczeniu dieta paryska składa się z trzech etapów faza café przeznaczona jest tylko dla osób zdrowych ponieważ narzuca bardzo rygorystyczny reżim dietetyczny

paryska dieta j m coheną od sierpnia również w polsce - Jun 20 2022

web paryska dieta to nowoczesny plan stopniowej i co istotne trwałej utraty masy ciała książka paryska dieta dr coheną dom wydawniczy rebis dostarczając

kulinarna czytelnia na sposób paryski - Aug 23 2022

web sep 6 2013 brzmi nieźle paryska dieta w przeciwieństwie do licznych cudownych diet obiecujących błyskawiczne efekty nie stawia wydumanych wymagań jak jedzenie wyłącznie jajek i chleba albo picie sześć razy dziennie koktajlu buraczano melonowego

dieta paryska przepis na francuską sylwetkę nie tylko dla - Aug 03 2023

web oct 31 2013 dieta paryska zasady na dietę paryską składają się 3 fazy które nie mają jednak tylko jednej właściwej kolejności możemy dowolnie je sobie ustawiać w zależności od potrzeb choć dr cohen podsuwa nam pewne pomysły