

In her riveting *New York Times* bestselling memoir, Elizabeth Smart reveals how she survived nine months with her captors and the secret to forging a new life in the wake of a brutal crime

**O**N JUNE 5, 2002, fourteen-year-old Elizabeth Smart, the daughter of a close-knit Mormon family, was taken from her home in the middle of the night by religious fanatic Brian David Mitchell and his wife, Wanda Barzee. She was kept chained, dressed in disguise, repeatedly raped, and told she and her family would be killed if she tried to escape. After her rescue on March 12, 2003, she rejoined her family and worked to pick up the pieces of her life.

In *My Story* she tells, for the first time, of the constant fear she endured every hour, her courageous determination to maintain hope, and how she convinced her captors to return to Utah, where she was rescued minutes after arriving. Smart explains how her faith helped her stay sane in the midst of a nightmare and how she found the strength to confront her captors at their trial and see that justice was served.

In this new edition, Smart explores how she readjusted to life after the kidnapping, how she learned to cope, and how telling her story has changed her.

"Smart stresses the fundamental qualities of her suffering: hunger, thirst, loneliness....

Its power lies in the way Smart presents herself, as a pure girl who emerged from degradation purer still—stronger but somehow still innocent." — *THE NEW YORKER*

"The inspirational and ultimately redemptive story of a teenage girl's descent into hell, framed as a parable of faith... Smart tells of the abuse and degradation she suffered and of the faith that fueled her determination to survive." — *KIRKUS REVIEWS*

**ELIZABETH ANN SMART** is an American activist and president of the Elizabeth Smart Foundation. She first gained widespread attention at age fourteen when she was kidnapped from her home and rescued nine months later. Visit [elizabethsmartfoundation.org](http://elizabethsmartfoundation.org).

**CHRIS STEWART** is a *New York Times* bestselling and national award-winning author. He has written more than a dozen books and has been published in multiple languages around the world.

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# Elizabeth Smart My Story

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