

Twisting/Leaning

Operative neither twists nor leans during operation

Trunk twists in relation to the hips and thighs or the operative leans to one side as the load is lifted

Trunk both twists and bends to the side as the load is lifted

Holding load away from trunk



CLOSE: Upper arms aligned and upright trunk



MODERATE: Upper arms angled away from body



MODERATE: Trunk bent forward



FAR: Upper arms angled away from body and trunk bent forward

Vertical lift region



Above knee and/or below elbow height



Below knee and/or above elbow height



Floor level or below



At head height or above

Difficult to grip

Containers with well- designed handles or handholds, fit for purpose

Containers with poor handles or hand holds

Containers of poor design. Loose parts, irregular objects, bulky or difficult to handle

Loose parts enabling comfortable grip

Fingers to be clamped at 90 degrees under the container

Non-rigid sacks or unpredictable loads

Constraints on posture

Movements of the operative are unhindered

Operative adopts restricted postures during the lift because of the space available (eg a narrow gap between pallet loads)

Posture is severely restricted e.g. confined space entry

Floor Condition

Dry and clean floor in good condition.

Dry floor but in poor condition, worn, uneven.

Wet floor or unstable footing.

General Risk Assessment Guidelines For Manual Handling

RC Schank

A decorative graphic element consisting of a light blue horizontal bar with a rounded right end, and a red circular shape with a gradient, partially overlapping the bar's end.

General Risk Assessment Guidelines For Manual Handling:

Unveiling the Magic of Words: A Overview of "**General Risk Assessment Guidelines For Manual Handling**"

In a world defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their capability to kindle emotions, provoke contemplation, and ignite transformative change is really awe-inspiring. Enter the realm of "**General Risk Assessment Guidelines For Manual Handling**," a mesmerizing literary masterpiece penned by way of a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve into the book is central themes, examine its distinctive writing style, and assess its profound impact on the souls of its readers.

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