

CPR GUIDE

INFANT (< 1 Year)

In an emergency situation the DRSABCD flowchart must be followed first. If you have done so and deem CPR necessary for the infant then follow the diagrams below.



CPR is performed at a ratio of

30 compressions



2 rescue breaths



01 Perform 30 compressions moderately hard and fast - at a rate of **100-120** per minute.



02 Perform 2 rescue breaths.



If an AED is available - turn AED on and follow the AED's instructions.



Pad position for male/female infant

Alternate position for male/female infant if the pads would touch

CONTINUE CPR UNTIL THE INFANT BREATHES NORMALLY OR MEDICAL PROFESSIONALS TAKE OVER

If the infant resumes normal breathing then hold them in the recovery position and monitor their breathing until an ambulance arrives.

Recovery position

Cradle the infant in your arms with their head tilted downwards



Infant Cpr Guidelines

Michael Rajnik

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