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Traduit par Elizabeth Echlin, américaine, parisienne et proficienne certifiée en Hypno-Naissance¹. Formée par Marie F. Mangan, elle assure des cours d'Hypno-Naissance¹ à Paris et a déjà accompagné plus de 200 couples qui souhaitaient vivre la naissance de leur enfant avec plus de sérénité.

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