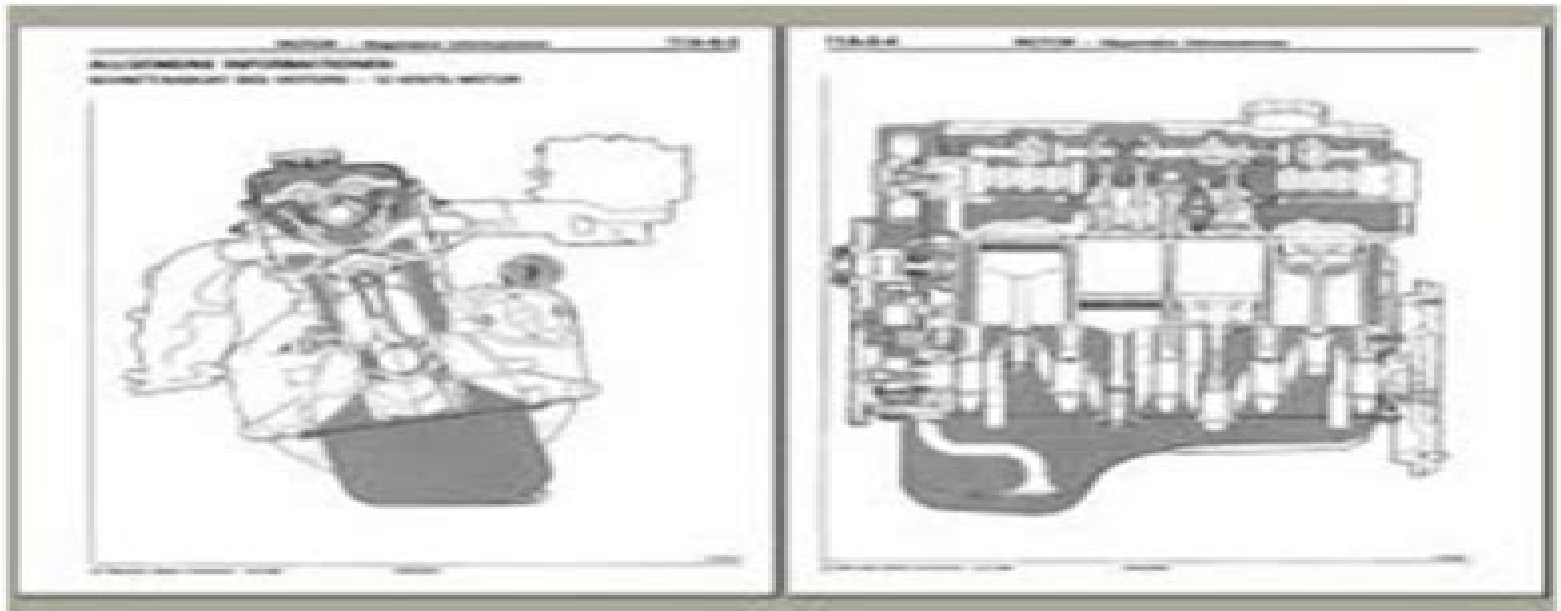




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zucker und salz sind unsere größten feinde wenn es um gesunde ernährung geht auf salz kann man ja schnell mal verzichten oder es zumindest auf ein minimum reduzieren auf zucker eher weniger

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glücklich zumindest in den momenten in denen man ihn zu sich nimmt