

## HISTORY AND PHYSICAL EXAM

**CHIEF COMPLAINT** (health problem / complaint in patient's own words)

### **HISTORY OF PRESENT ILLNESS**

chronological order of time / place of symptom(s); onset, duration, frequency, location, quality, quantity / severity, aggravating / alleviating factors, associated symptoms, self treatment, relevant laboratory values, pertinent negatives

### **PAST MEDICAL HISTORY**

**GENERAL HEALTH:** date, type, outcome, complications of **CHILDHOOD ILLNESSES** (measles, mumps, rubella, whooping cough, chicken pox, rheumatic fever, scarlet fever, polio); **ADULT ILLNESSES, ACCIDENTS / INJURIES:** hospitalizations not already listed; **IMMUNIZATIONS** (DPT, MMR, polio, hepatitis B, H, influenza, S. pneumonias, varicella); **SCREENING TESTS** (hematoctrit, urinalysis, tuberculin skin test, pap smear, mammogram, occult stool blood, cholesterol)

### **PAST SURGICAL HISTORY**

operation date, type, reason, outcome, blood transfusions, complications

### **FAMILY HISTORY**

age, health / death of parents, siblings, spouse, children; **CHECK** diabetes, heart disease, hypertension, stroke, cancer, bleeding disorders, asthma, arthritis, tuberculosis, epilepsy, mental illness, symptoms of presenting illness

### **SOCIAL HISTORY**

birthplace, education, employment, religion, marriage / divorce, living accommodations, persons at home, diet, exercise, hobbies

### **MEDICATIONS**

name, dose, frequency, duration, reason for taking, compliance, availability

### **ALLERGIES**

medications / substances causing reactions (rash, swelling, difficulty breathing, etc.)

### **TOBACCO, ALCOHOL, DRUGS**

type, amount, frequency, duration, reactions, treatment

### **REVIEW OF SYSTEMS**

**GENERAL:** weight change, fatigue, weakness, fever, chills, night sweats

**SKIN:** skin, hair, nail changes; itching; rashes; sores; lumps; moles

**HEAD:** trauma; headache location, frequency, nausea, vomiting, visual changes

**EYES:** glasses, contact lenses, blurriness, tearing, itching, acute visual loss

**EARS:** hearing loss, tinnitus, vertigo, discharge, earache

**NOSE, SINUSES:** rhinorrhea, stuffiness, sneezing, itching, allergy, epistaxis

**MOUTH, THROAT, NECK:** bleeding gums, hoarseness, sore throat, swollen neck

**BREASTS:** skin changes, masses / lumps, pain, discharge, self exams

**CARDIAC:** hypertension, murmurs, angina, palpitations, dyspnea on exertion, orthopnea, paroxysmal nocturnal dyspnea, edema, last ECG

**RESPIRATORY:** shortness of breath, wheeze, cough, sputum, hemoptysis,

pneumonia, asthma, bronchitis, emphysema, tuberculosis, last chest X-ray

**GI:** appetite, nausea, vomiting, indigestion, dysphagia, bowel movement

frequency / change, stool color, diarrhea, constipation, bleeding (hematemesis, hemorrhoids, melena or hematochezia), abdominal pain, jaundice, hepatitis

**URINARY:** frequency, hesitancy, urgency, polyuria, dysuria, hematuria, nocturia, incontinence, stones, infection

# Maxwell Guide Physical Exam

**Joacim Rocklöv**



## **Maxwell Guide Physical Exam:**

The book delves into Maxwell Guide Physical Exam. Maxwell Guide Physical Exam is a crucial topic that needs to be grasped by everyone, from students and scholars to the general public. The book will furnish comprehensive and in-depth insights into Maxwell Guide Physical Exam, encompassing both the fundamentals and more intricate discussions.

1. The book is structured into several chapters, namely:
  - Chapter 1: Introduction to Maxwell Guide Physical Exam
  - Chapter 2: Essential Elements of Maxwell Guide Physical Exam
  - Chapter 3: Maxwell Guide Physical Exam in Everyday Life
  - Chapter 4: Maxwell Guide Physical Exam in Specific Contexts
  - Chapter 5: Conclusion
2. In chapter 1, this book will provide an overview of Maxwell Guide Physical Exam. This chapter will explore what Maxwell Guide Physical Exam is, why Maxwell Guide Physical Exam is vital, and how to effectively learn about Maxwell Guide Physical Exam.
3. In chapter 2, the author will delve into the foundational concepts of Maxwell Guide Physical Exam. The second chapter will elucidate the essential principles that need to be understood to grasp Maxwell Guide Physical Exam in its entirety.
4. In chapter 3, the author will examine the practical applications of Maxwell Guide Physical Exam in daily life. The third chapter will showcase real-world examples of how Maxwell Guide Physical Exam can be effectively utilized in everyday scenarios.
5. In chapter 4, this book will scrutinize the relevance of Maxwell Guide Physical Exam in specific contexts. This chapter will explore how Maxwell Guide Physical Exam is applied in specialized fields, such as education, business, and technology.
6. In chapter 5, this book will draw a conclusion about Maxwell Guide Physical Exam. This chapter will summarize the key points that have been discussed throughout the book.

This book is crafted in an easy-to-understand language and is complemented by engaging illustrations. It is highly recommended for anyone seeking to gain a comprehensive understanding of Maxwell Guide Physical Exam.

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