



# Embu University College 2015 2016 Intake

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### **Embu University College 2015 2016 Intake:**

**Thus Until** Emilia Ilieva, Reuben Matheka, 2025-08-04 **Thus Until A History of Egerton University** is a thorough historical chronological and well researched account of Egerton University from a whites only college when it started in 1939 through to the expansion it has experienced over the years culminating in being a full university More than any other university in Kenya Egerton has a long and colourful history but like all the other universities it has suffered from the political economic and financial challenges of the time especially since the double intake of the 1990s Chapter One provides the required background to the study highlighting agricultural and educational policies and steering away from the Happy Valley hype so characteristic of the period The reader will learn about the Egerton family in Chapter Two and particularly about Lord Egerton himself and the colonial circumstances within which he lived The chapter dispels some of the popularly held myths about him Chapter Three deals with the beginnings of the college and the various structural and curriculum experiments tried out and the kind of enrolment and students it experimented with as an all white establishment The chapter ends with Africans beginning to agitate for change With great attention to detail the later chapters put the university in a broader local and international context thereby increasing its relevance to society **A History of Egerton University** though heavily footnoted and with a detailed bibliography is written in a simple easy flowing and accessible style

**Health Promotion in the Universities and Other Educational Settings** Mario Del Líbano, Antoni Aguilo, Carmen Gallardo Pino, Carlos Emanuel Rodriguez-Diaz , Miguel Corbí, Hiram V. Arroyo Acevedo, 2025-09-17 The promotion of health in universities is of great importance as it allows for the encouragement of healthy lifestyles and the prevention of diseases among students teaching staff and administrative personnel The university is a conducive environment for the promotion of healthy habits since firstly it is usually the moment when the students make decisions under their responsibility and secondly it is a place where academic sports and social activities take place so it is also an ideal moment to promote changes that can be transferred to society and the rest of the individual s life Health promotion in universities can cover several areas such as healthy eating physical exercise prevention of addictions emotional and social mental health among others It can also involve the entire university community from students to administrative and teaching staff In the case of students it is essential as it is a period of change and habit formation and the fact that they will be the future decision makers of society

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