

The Very Hungry Caterpillar

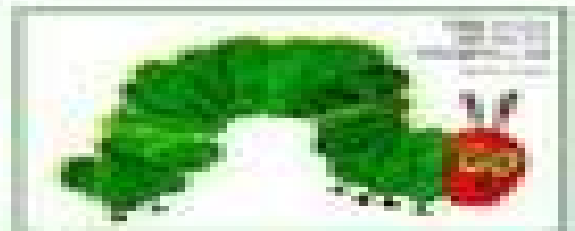
Lesson Plan

Goal

To promote nutrition education, physical activity and literacy with young children.

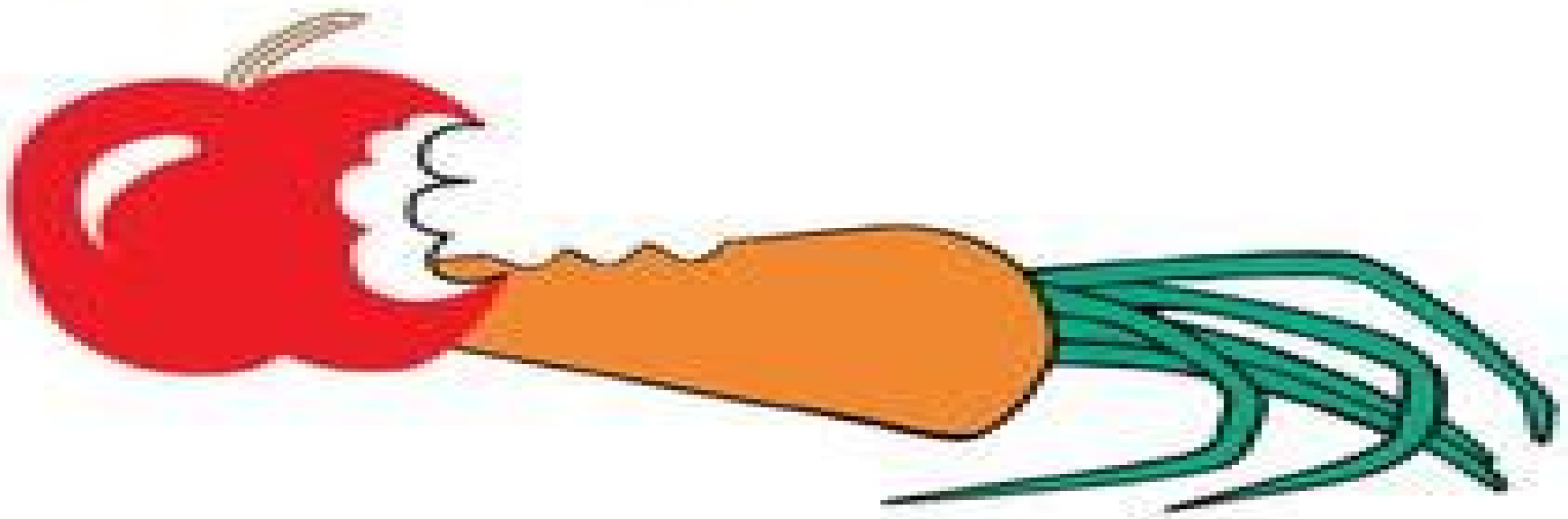
Objectives for Children

- Children will name two fruits that give them energy.
- Children will name two separate fruits.
- Children will make their body shape out of fruit they need a day.



Objectives for Parents

- Parents will state how many servings from the Fruit Group a preschool child needs each day.
- Parents will state what one serving of fruit is for a preschool child.
- Parents will read to their children daily.



Hungry Caterpillar Nutrition Lesson

Mark Steyvers

A red circular graphic with a gradient, appearing as a semi-circle or a partial circle, located to the right of the author's name.

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Immerse yourself in heartwarming tales of love and emotion with Crafted by is touching creation, Experience Loveis Journey in **Hungry Caterpillar Nutrition Lesson** . This emotionally charged ebook, available for download in a PDF format (PDF Size: *), is a celebration of love in all its forms. Download now and let the warmth of these stories envelop your heart.

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