

LIFE ORIENTATION GRADE 11 2022

TOPIC	ASSESSMENT STANDARDS	PORTFOLIO ASSESSMENT TASKS	
PHASE 1 (15 November 2021 – 11 March 2022)			
Development of the self in society	Plan and achieve life goals. Relationships and their influence on own well-being.	Task 1: Written task: February	
Careers and career choices	Requirements for admission to additional and higher education courses, NSC pass requirements. Options for financial assistance.		
Democracy and Human Rights	Principles, processes and procedures for democratic participation. Democratic structures. Role of sport in nation building: participant and spectator behaviour in sport.		Task 2: Physical Education: ongoing throughout the term
Study skills	Applying own study skills, styles and study strategies. Principles of Learning Examination writing skills.		
PHASE 2 (14 March 2022 – 24 June 2022)			
Study skills	Time management skills and annual study plan. Goal setting skills: study, health and fitness.	Task 3: Controlled Tests 28 June – 9 July	
Social and Environmental responsibility	Environmental issues that cause ill-health. Climate change. Community service that addresses a contemporary environmental issue.		Task 4: Physical Education: ongoing throughout the term
Development of the self in society	Healthy and balanced lifestyle choices. Accidents. Risky behaviour and situations.		
PHASE 3 (19 July 2022 – 11 November 2022)			
Development of the self in society	Socio-economic environment: literacy, income, poverty, culture and social environment. Positive role models: parents and peers. Role of nutrition in health and physical activities.	Task 5: Sourced Based Task 15 – 19 August	
Careers and career choices	Competencies, abilities and ethics that will assist in securing a job and developing a career. Personal expectations in relation to job/career of interest. Knowledge about self in relation to the demands of the world of work and socio-economic conditions.	Task 6: Physical Education: ongoing throughout the term	
Development of the self in society *	Gender roles and their effects on health and well-being: self, family and society.	Task 7: Final Examination 24 Oct – 11 Nov	
Democracy and Human Rights	Contributions of South Africa's diverse religions and belief systems to a harmonious society and own belief system.	Task 8: Physical Education: ongoing throughout the term	

Life Orientation Grade 11 November Exemplar

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