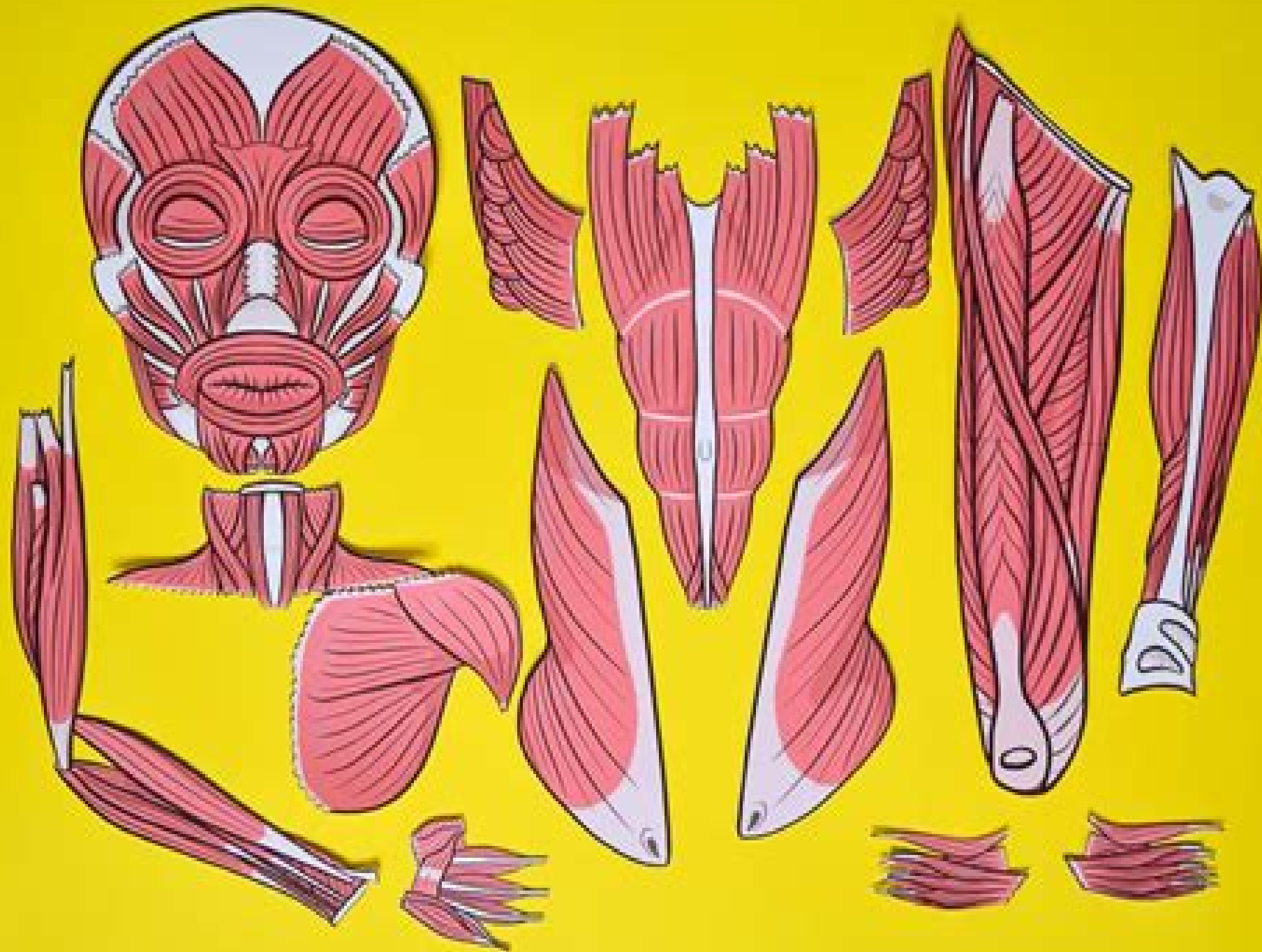




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Men's Health, 2006-09: Men's Health magazine contains daily tips and articles on fitness, nutrition, relationships, sex, career, and lifestyle.

Pasta: Missy Robbins, Talia Baiocchi, 2021-10-26: JAMES BEARD AWARD NOMINEE. A stylish transporting pasta master class from New York City's premier pasta chef with recipes for 40 handmade pasta shapes and 100 Italian American regional Italian and modern dishes. IACP AWARD FINALIST. Missy Robbins brings her extraordinary knowledge and generous heart to teach us to prepare the pastas that made her restaurants Lilia and Misi two of the best in the world. Ina Garten, Barefoot Contessa: ONE OF THE TEN BEST COOKBOOKS OF THE YEAR. San Francisco Chronicle, Boston Globe: ONE OF THE BEST COOKBOOKS OF THE YEAR. Minneapolis Star Tribune, Glamour, Food52, Epicurious: Food trends come and go, but pasta holds strong year after year. Despite its humble ingredients made of merely flour and water or flour and eggs, the magic rituals and art of pasta making span over five centuries. Two ingredients are turned into hundreds of stuffed, rolled, extruded, dried, stamped, and hand-cut shapes, each with its own unique provenance and enrobed in a favored sauce. New York City chef Missy Robbins fell in love with Italian food and pasta twenty-five years ago. She has been cooking, researching, and studying her way across Italy ever since, which led her to open two of America's most renowned pasta restaurants, Lilia and Misi. With illustrated step-by-step recipes for handmaking forty of the most versatile pasta shapes and one hundred recipes for Italian American regional Italian and Robbins's own best pasta dishes plus two dozen vegetable sides, this is the hard-working manual for home cooks who aspire to master the art of pasta cooking. Whether making pasta sheets for lasagna or stamping out pasta coins for Corzetti with Goat Cheese and Asparagus or even buying handmade pasta to make Tagliatelle with Porcini, Rosemary, and Garlic, Robbins provides all the inspiration, instruction, and encouragement required to make pasta exceptionally well.

Evocatively photographed with nearly 100 full color mouthwatering photos of pasta dishes and twenty images from Italy this is a richly illustrated ode to the ingredients recipes and craft that have made pasta the most popular fare of a beloved cuisine

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Eat Well & Keep Moving 3rd Edition Cheung, Lillian, Dart, Hank, Kalin, Sari, Otis, Brett, Gortmaker, Steven, 2015-11-03 *Eat Well Keep Moving Third Edition* includes thoroughly updated nutrition and activity guidelines multidisciplinary lessons for fourth and fifth graders eight core Principles of Healthy Living and a new Kid's Healthy Eating Plate to help kids make healthy food choices

Human Body Systems Daniel D. Chiras, 2003 *Introductory Human Biology*

All About Everything DK, 2014-05-05 *All About Everything* is the ultimate unputdownable almanac for children Containing an exciting collection of facts for kids this vibrant and visual reference book shows you everything you need to know *All About Everything* contains a diverse mix of topics presented in dazzling colorful child friendly style with lively informative text From dinosaurs and animals to history and space this highly illustrated collection of information brings together material from DK's popular *One Million Things* series and is packed with fun and interesting facts on every topic imaginable

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