

Chapter 10. Loss, Grief, and Dying

- ❖ Define various terms associated with loss, death, and grief
 - > Key term:
 - **Apnea**- a period of no respiration
 - **Circumoral cyanosis**- blueness around the mouth
 - **Comorbidity**- the presence of multiple simultaneous disease
 - **Do- Not- Attempt - Resuscitation order**- an order written by a patient's physician that specifies that no cardiopulmonary resuscitation (cpr) or other heroic efforts to restart the patient's heart and breathing are to be performed should the patient's heart and perspiration cease
 - **Durable Power of Attorney**- a legal court document that grants another individual the authority to make health-care decisions and act as proxy for that patient should the patient become disabled
 - **Euthanasia**- assisting a patient in suicide r knowingly administering an undage dosage of medication that will most likely kill the patient
 - **Grief**- the mental and emotional distress and suffering that an individual experiences with death and loss; it is express in various ways by each individual
 - **Hospice Care**- The National Hospice and Palliative care organization defines this type of care as "a medically-directed nurse coordinated program providing a continuum of home and inpatient care for the terminally ill patients and family "
 - **Living Will**- a written document prepared by a mentally competent patient that indicates that procedures and measures the patient does or does not want should and end-of-life condition or disability occur
 - **Palliative Care**- comfort care that is physician directed and that is performed to alleviate uncomfortable symptoms such as pain, nausea, and vomiting but is not intended to cure the patient's disease
 - **Postmortem Care**- care provided after an individual's death
 - **Respite**- arrangements for the provision of care in order that the family members may have a time to get away, rest, and rejuvenate without the strain and worry of continual caregiving
 - **Role Reversal**- a situation in which children who are accustomed to being cared for suddenly become the caregivers for their parents
- ❖ Discuss the nurse's role in medicating terminally ill patients
 - > It is the patient's right to dies with both dignity and comfort
 - > Inform the patient that addiction is not something they need to worry about
 - > Understand the cultural beliefs regarding pain medication
 - > It is not acceptable to assist a patient in euthanasia
- ❖ Explain the differences among curative, palliative, and hospice care.
 - > **Palliative Care**
 - Comfort care
 - Medication administration

Grief Study Guide

Mishael Porembski

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